

TAKE IT FURTHER

YMCA SWIM CLUB

Students ages 6 - 18 will learn the importance of water safety skills and build stroke technique, developing skills that prevent chronic disease, increase social-emotional and cognitive well-being, and foster a lifetime of physical activity. Internal swim meets will be held to show participants progression and help to create friendly competition.

Program Information

Choose from two sessions:

- 1. Monday Thursday 1:00 p.m. 2:30 p.m.
- 2. Monday Thursday 5:15 p.m. 6:15 p.m.

Work-outs are held at the Y in Stephen's Natatorium

Program Fees

\$30 Y-Members per month \$45 Non-members per month Financial assistance is available. Application process takes 7 - 10 business days.



Sessions are available monthly January - December. Registration is available in house or online at www.ymcasanangelo.org.

For More Information

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