

TAKE IT FURTHER

YMCA SWIM CLUB

Students ages 6 - 18 will learn the importance of water safety skills and build stroke technique, developing skills that prevent chronic disease, increase social-emotional and cognitive well-being, and foster a lifetime of physical activity. Internal swim meets will be held to show participants progression and help to create friendly competition.

Program Fees

\$30 Y-Members per month \$45 Non-members per month

Sessions:

Tuesday & Thursday / 11:30pm - 1:00pm or Monday - Thursday / 5:30pm - 6:30pm YMCA Pool

Sessions Offered Monthly



For More Information

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