



# TAKE IT FURTHER

## YMCA SWIM CLUB

Students ages 6 - 18 will learn the importance of water safety skills and build stroke technique, developing skills that prevent chronic disease, increase social-emotional and cognitive well-being, and foster a lifetime of physical activity. Internal swim meets will be held to show participants progression and help to create friendly competition.

### Program Fees

\$30 Y-Members per month

\$45 Non-members per month

Sessions take place Monday - Thursday  
from 1:00 pm - 2:30 pm in Stephen's Natatorium.

More information on evening classes coming soon!

**Sessions are available monthly.**

**Registration is available in house or online at**  
[www.ymcasanangelo.org](http://www.ymcasanangelo.org).



### For More Information

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