



# IT'S WHERE THEY GET STARTED

### **GYM N'SWIM**

Sign your toddler up (3 - 5 years) for this combination class that focuses on the fundamentals of movement using kinder gymnastics and basic swim skills. Start with 45 minutes of kinder gym instructor-led activities focused on improving balance, flexibility and confidence followed by a 30 minute basic swim lesson.

The kinder gym portion of the class will utilize basic equipment such as mats, even bar, hoola hoops and more. When in the pool your child will learn basic swim skills, water safety and confidence while in the water.

Each session consists of 8 classes Tuesday and Thursdays 1:30 pm - 3:00 pm

#### Session Dates:

January 8 - 31 February 5 - 28 March 5 - 28 April 2 - 25 April 30 - May 23

#### Monthly Session Fee:

\$50 Y - Members / \$65 Non - Member





## **AQUATICS PROGRAM REGISTRATION**

Participant Name:			D.O.B	Age:	
Address:					
Cell Phone: ()_		Y	MCA Member: YES	NO	
Parent's Name:		Cell Phone:			
		Phone	e Carrier:		
Parent's Email:					
Emergency Contact: (other than Parent)			Phone:		
	al conditions that t	the YMCA and ins	structors need to know	about the participant?	
Class you are regist Swim Starters Swim Club Lifegu Session:	Swim Basics uard Certification	Swim Stroke	s Gym N' Swim		
service fee will be accesse WAIVER: I hereby, for mys against the San Angelo YM nection with my child's pa ance may be used in case PHOTO RELEASE: Addition images, video and film foo conducted by YMCA of Sa Council of Young Men's ChyMCA of San Angelo to maductions of me and/or my motions, advertising and I	d. elf and my agents, waive ACA and it's respective o rticipation in this activity of an accident. ally, in consideration for tage is often used by the an Angelo hereby give my aristian Associations of t ake, reproduce, edit, broa narrative account of my egitimate business uses	e and release any and a fficers, agents, sponso y. I hereby acknowledge being allowed to parti e YMCA of San Angelo permission and conse he United States of An adcast or rebroadcast a experience at YMCA of without any compensa	Ill rights and claims which I may rs or any employees for any inject that this program provides limbership and for promotional purposes. For rest, now and for all time, to YMC nerica (YMCA of the USA) and the any video film, footage, sound the San Angelo for publication, distion to, and/or claim, by me. I me.	ury which may be suffered in con- nited insurance and my own insur- d programs, I understand that my participation in activities to be CA of San Angelo, The National	
Parent/Guardian Signature	<u> </u>		 Nate		