

## **Tri-Hi-Y**

The Tri-Hi-Y had its beginning shortly after World War I, when girl's clubs were organized based on the boy's clubs such as the Hi Y's. Hi Y stands for high school YMCA. Members join these Christian organizations, all agreeing to cooperate with each other to do their best to live according to the principles of Jesus.

Tri-Hi-Y offers its members opportunities for friendship, recreation, and inspiration. Members seek to make living better for themselves, for their friends, and for their community. Tri-Hi-Y gets its name from the triangle part of the YMCA symbol. The three-sided triangle is symbolic of the full life; equal balance of physical, mental, and spiritual development. The goal of Tri-Hi-Y is to help each member select goals for positive personal living and to be of service to their community.

Tri-Hi-Y, for many years, has been part of the national and international YMCA movement. It is a world-wide organization with clubs in many different countries, all with the same purpose: "to create, maintain, and extend throughout the home, school, and community, high standards of Christian character."

## **TRI-HI-Y PRAYER**

"We praise thee, O God, for our Tri-Hi-Y girls and counselors,  
For their desire to be of service to this world we seek to build.  
May our love for Thee awaken in us an overflowing love for all Thy  
creatures.

May our spirit of adventure lead us only in the trail once blazed  
by Thee.

For this, give us Thy help."

Amen

**YMCA BENEFITS  
FOR MEMBERS OF TRI-HI-Y**

1. Members 16 years and over may use the equipment in the Wellness Center.
2. Members may attend all regular group fitness classes at no additional charge (i.e. yoga, aerobics, step, body sculpting, etc.)
3. Members may use the pool as specified on the Aquatics schedule.
4. Members may attend special classes and camps at Y member rates.
5. Members may use the YMCA gymnasium when open to Y members for use.

***YMCA REFUND POLICY***

Full refunds are available only upon cancellation of a class or program. Should a refund be requested on any program, prior to the first class or practice, a \$5.00 service charge, plus any direct cost of the program, will be charged. Full credit may be given for an alternate class or program in lieu of a refund. No refunds will be made after the first class or practice.

**TRI-HI-Y ANNUAL SCHOLARSHIP**

In Memory of

**DONNIS FIELDER**

**SHEILA ELROD**

Provided by annual contributions from clubs and special projects, this \$500 scholarship is available to a Senior Tri-Hi-Y member meeting qualifications and completing the proper application forms. Forms are available in December each year at the YMCA and must be received by the January deadline.

Donnis Fielder and Shiela Elrod were Tri-Hi-Y members from 1974-1977. Both girls were very active in various activities throughout their high school years. Both passed away within a few months of each other in early 1980. Shortly thereafter, this Tri-Hi-Y Annual Scholarship was created in their memory.

**ORDER OF BUSINESS**  
**(BASIC PARLIAMENTARY PROCEDURE)**

- I. Call to order by the President
- II. Benediction
- III. Roll call, reading of minutes by the Secretary
- IV. Treasurer's report
- V. Reports of Standing Committee
- VI. Reports of Special Committees
- VII. Unfinished Business – never “Old Business”
- VIII. New Business
- IX. Program (or announcements) – Never turn meeting over to Program Chairman
- X. Next Meeting Date
- XI. Adjournment – President: “If there is no further business (pause) and no objections (pause), we are adjourned.

**CLUB NAMES AND COLORS**

<b>ALTA</b> Asses	Sky blue with white
<b>DAULTA</b> Ducks	Yellow with orange
<b>KETA</b> Kangaroos	Red with white
<b>PHETA</b> Pigs	Purple with gold
<b>TAUPHA</b> Turtles	Green with yellow
<b>ZAULTA</b> Zebras	Pink with black

**POLICIES OF TRI HI Y  
SAN ANGELO YMCA**

**MEMBERSHIP ELIGIBILITY AND REQUIREMENTS**

- A. YMCA dues and fees for all Tri-Hi-Y girls will be payable by the Spring Drawing. The girls will turn in their Tri-Hi-Y dues to the YMCA by April 15. Girls will automatically be dropped after May 15 unless enrolled in payment plan and will not be able to get back in Tri-Hi-Y. The 2008-2009 Steering Committee has approved a second New Girl Registration which will begin August 31<sup>st</sup> through September 14<sup>th</sup>, 2008. These second registration New Girls will be required to perform 10 additional hours (5 at the YMCA and 5 at Myrtlewood Estates) of their community service by October 1, 2008. Documentation should be given to the club Chaplain.
  
- B. All High School girls who have never participated in a Tri-Hi-Y drawing in San Angelo are eligible for membership. Applications will be accepted at the YMCA MARCH 1 UNTIL APRIL 15. The last Saturday of April will be the random drawing at the YMCA. A Sponsor-Daughter orientation of new members will be held after the Spring Drawing. The Steering Committee and/or YMCA Program Director will explain the purpose of Tri-Hi-Y and answer questions about the organization. Any new member that has a specific reason why they should not be in a particular group may submit a written request to the Program Director stating the situation for consideration. Each case will be considered individually; however, there is no guarantee that the request will be granted.
  
- C. All girls participating in the drawing and not getting into a club due to excess members shall have the option of starting a new club at the time of the drawing in which they participated. A minimum of 15 girls is needed to form a new club.

**ORIENTATION OF NEW MEMBERS**

- A. Orientation is limited to an adult sponsored function held in good taste. Each club orientation will not be held during the week. It is limited to a weekend activity. Club orientation will not start before 6 a.m., nor end past 11:30 p.m.  
**NO HAZING IS ALLOWED!**

- B. No boys are allowed at this orientation. Failure to comply will result in total club suspension from any Tri-Hi-Y function (i.e. dance). ALSO, MEMBERS MAY **NOT** CONDUCT INDIVIDUAL OR “FAMILY” ORIENTATION ON THEIR OWN.

## **SPONSORS**

- A. The president’s mother, if applicable, shall be lead sponsor.
- B. Sponsors will be directly accountable to the Steering Committee.
- C. **No function will be allowed without the required minimum number of sponsors or sponsor substitutes present.**
  - 1. At least 2 sponsors at parties for members only.
  - 2. At least 1 sponsor at all meetings, ball games, ball practices, committees, bake sales, garage sales, social meetings, etc.
  - 3. Three (3) couple sponsors from each club at the combined Tri-Hi-Y dance.

## **DISCIPLINARY ACTIONS**

The Tri-Hi-Y Steering Committee is the committee structure commissioned to handle all disciplinary actions involving clubs and/or members. Each action shall be handled by nature of the situation.

A Complaints will be handled individually as follows:

- 1. Contact club President and Sponsor.
- 2. If not resolved by #1 above, contact the YMCA Program Director.
- 3. If not resolved by #1 and #2 above, then the parties from #1, #2 and the individual(s) will meet.
- 4. If #1, #2, and #3 cannot resolve, then a selected group of club sponsors will meet with the above parties.

## CLUB RULES

- A. The Tri-Hi-Y By-Laws are included in this booklet.
- B. The YMCA will serve as a bank for the clubs. A club's treasury may never get below \$200. The President, Treasurer and a designated sponsor for each will sign cards to secure money from the club. Their names must be on all request forms for money. All request forms for checks must be turned in to the YMCA three (3) days before money is disbursed and must be signed by two unrelated people (i.e. president and president's mother cannot request money).
- C. For any new clubs created, the needed \$200 club Treasury will come out of the General Fund.
- D. A note must be mailed to all parents for a slumber party, with a signed permission slip to be returned before the girl may attend. Include a statement that if the daughter is not in by a specific time, the parent will be called. Parents will also be notified if no permission slip is received prior to the slumber party.
- E. Each club will have a minimum of ONE (1) service project a year.
- F. Members will be dropped from a membership for the following reasons:
  - 1. Moving from the community.
  - 2. Graduation or elimination from the upper three classes of High School.
  - 3. Marriage.
  - 4. Failure to pay YMCA dues.
  - 5. More than five (5) unexcused absences.
  - 6. Determination of just cause by the club with approval by the Steering Committee. Termination under this procedure shall not be less than 2/3 vote of the Steering Committee. Any member so terminated shall have the right to appeal to the YMCA Program Director and the Director of Operations. Their decision will be final.
  - 7. Failure to maintain the required volunteer hours by the end of the school year.
  - 8. Failure to pay fundraising obligations by specified deadlines or by the end of the school year.

## DANCE RULES

- A. Clubs will make all arrangements for dances and in addition, shall provide the following.
  - 1. A place to have the dance.
  - 2. Five couples minimum at any dance except combined Annual Dance which requires 3 couple sponsors from each club.
  - 3. Clean-up Committee for the inside and outside of building and parking lots.
  - 4. One or more security personnel minimum at all dances.
  - 5. All members of the Tri-Hi-Y sponsoring the dance shall pay for the tickets if applicable.
- B. Building reservations shall be made by the Tri-Hi-Y Dance Committee.
- C. The YMCA or sponsors reserve the right to refuse admittance to anyone to a dance or activity and/or to cancel contracts at any time at their discretion.
- D. No alcoholic beverages or controlled substances are allowed under any circumstances. No one under the influence shall be allowed admittance to a dance or any other Tri-Hi-Y sponsored activity.
- E. Club officers and sponsors will assume the responsibility for group behavior at any dance. Sponsor or YMCA will reserve the right to remove anyone from the dance if their conduct is unacceptable. If behavior cannot be controlled, the dance will be terminated at that point.
- F. Once a person enters the dance, they are not allowed to leave and return.
- G. No dances or activities will be held farther than 25 miles out of town without Steering Committee approval.
- H. All the Tri-Hi-Y's will participate in a combined Senior Presentation and dance. The cost will be equally divided between

the six clubs. The cost of the combined events will be determined by the Steering Committee.

- I. Each member must have at least 25 volunteer hours to attend the Tri-Hi-Y Dance. Deadline for the volunteer hours shall be the first week in January.
- J. Each Tri-Hi-Y member must participate fully in any dance fundraiser in order to attend the Tri-Hi-Y Dance. If this obligation is not met, she will be deemed a member who is not in good standing and may not attend the dance.

### **SOFTBALL RULES**

- A. All clubs participating in the Softball Tournament will provide the following:
  - 1. A schedule (when, where, and time) of all practices held must be given to the YMCA Program Director at the time Softball season begins. **ANY SCHEDULE CHANGE MUST BE REPORTED TO THE YMCA.** Please do not attempt to practice on the same fields as another club.
  - 2. A minimum of 8 Tri-Hi-Y members per club are required to play in Tournament.
  - 3. A maximum of 6 Softball Coaches at practice or ball games.
  - 4. All practices of any team must be supervised by a Tri-Hi-Y club sponsor.
- B. All coaches wishing to participate in Tri-Hi-Y Softball will be required to attend the Coaches' Orientation at the YMCA. **This is mandatory for all coaches, not just head coaches. These coaches must remain with the club through the tournament. No new coaches will be permitted for any reason.**
- C. No alcoholic beverages, controlled substances or smoking are allowed under any circumstances at any practice, scrimmage, or game.
- D. The YMCA or Softball Officials reserve the right to remove anyone from the Softball Tournament if their conduct is unacceptable.

## **STEERING COMMITTEE**

- A. The Tri-Hi-Y Steering Committee shall be charged with the responsibility of developing operative policies for the Tri-Hi-Y High School Youth Program for the YMCA and shall work closely with the YMCA Program Director to conduct such program.
- B. The Steering Committee shall be responsible to the Youth/Adult Program Committee of the YMCA Board. It shall be composed of the Chairman, the YMCA Representative (s), each club president and her mother or sponsor, First Vice-Presidents, and Chaplains of each club.
- C. The Steering Committee shall have as its specific committee functions the following:
  - 1. To recommend specific objectives and policies regarding the operation of the Tri-Hi-Y program.
  - 2. To function as an authoritative body for deliberations in matters referred to it by club groups.
  - 3. To serve as a hearing committee for parental complaints.
  - 4. To evaluate the program annually and report findings to the YMCA Board.
  - 5. The Steering Committee has the authority to review and make exceptions to all policies and procedures.
- D. The Steering Committee will meet on a quarterly basis or as needed. The beginning of the program year will be considered August.

## **Advisory Board**

- A. The Advisory Board shall consist of the Steering Committee Chairman, the YMCA Director of Operations, the YMCA Program Director, and the YMCA Youth/Adult Program Committee Chairman.
- B. The Advisory Board shall be responsible for concerns that cannot be resolved by the Steering Committee.
- C. The Advisory Board will make recommendations to the Steering Committee for action.

**San Angelo YMCA  
General Policy for Tri-Hi-Y Clubs**

**MEMBERSHIP**

It is the policy of the YMCA of San Angelo, Texas to extend equal opportunities for membership and participation in the Tri-Hi-Y program to all youth regardless of race, color, creed, origin, or membership as reviewed each year by the Steering Committee.

**CLOTHING**

YMCA youth members are ambassadors of the YMCA to the community of San Angelo. It is important that youth and adults participating in YMCA youth activities are appropriately dressed for the occasion. Questions should be addressed to appropriate YMCA staff. **All clothing must include the YMCA logo and have approval of the Program Director prior to any orders being placed.**

**SCHOOL ABSENCE FOR YMCA PARTICIPATION**

Schools will generally not release students for YMCA activities. Specific arrangements shall be the responsibility of the student and the school attendance office when necessary.

**YMCA EMBLEM AND NAME- TRI-HI-Y**

The YMCA initials and name Tri-Hi-Y are registered trademarks of the National Councils of YMCA's. They should be used only for serving the needs of club members and interests of YMCA programs as authorized by the YMCA Chief Executive Officer.

**YMCA- TRI-HI-Y ADVERTISING**

Care should be taken not to include or imply testimonials or endorsements of business firms or their products by YMCA youth clubs or volunteer leaders of such clubs. Advertising displays or exhibits shall set the YMCA symbols apart from any commercial reference.

## **FUND RAISING**

Fund raising activities building on the concept of self help rather than charity are preferable. The YMCA Program Director and Steering Committee have a list of approved fund raising projects for club use. Approval should be obtained from a YMCA staff by clubs for:

1. All fund raising events.
2. Use of YMCA emblem in connection with sale of product.
3. The sale of any product.

## **INSURANCE**

Participants in club activities shall make provisions for their own insurance coverage.

## **PURCHASES**

Clubs shall not use the YMCA name on charge accounts without approval in writing from the YMCA Program Director. Club billing accounts should show the name of club advisor or responsible party. The YMCA will not be liable for any purchase or contract made by a youth club without written approval.

## **INTERNAL REVENUE SERVICE**

Special provisions are available to allow deductions for mileage and certain expenses of volunteers related to the youth program of non-profit agencies. Donations of equipment, supplies, garage sale items, etc., can also be claimed in certain instances as tax deductible contributions. Check with the YMCA Program Director or the IRS for further information.

## **CHECKING ACCOUNTS**

All monies of youth clubs under YMCA sponsorship shall be deposited at the YMCA within 72 hours of the close of the event. All monies will be recorded and verified in writing by at least 2 officers/sponsors. No outside banking services are recommended for such clubs. Clubs shall follow the recommended procedure established annually by the Steering Committee.

## **PRIVATE AUTOMOBILE USAGE**

The YMCA recommends that no student be allowed to transport club members for the out of town YMCA sponsored functions. Club sponsors shall check their own insurance liability before transporting such groups.

## **LIQUOR/DRUGS/IMPROPER BEHAVIOR**

The use of liquor, drugs or tobacco at any YMCA sponsored activity shall not be tolerated and will result in dismissal from youth activities. Any member suspected of using liquor/drugs must participate in the approved program offered by the Alcohol and Drug Abuse Council prevention specialist in order to remain in the Tri-Hi-Y club. While completing this program, the member will be suspended from all club activities and social or sporting events until all sessions have been completed. No hours of community service or club hours will be accrued while enrolled in the prevention program. There are no exceptions to this rule. Documentation should be provided to the Program Director once the member has completed the course in order to be reinstated to active status in Tri-Hi-Y.

## **CLUB SUPERVISION**

Club advisors volunteer annually for the privileges of working with youth groups and assume the liability for the conduct of such groups. Group function shall not be conducted without the presence of adult sponsors.

## **CLERICAL WORK**

Certain clerical work shall be done for clubs by YMCA Program Director, provided proper notice is given (i.e. labels). Work should be turned in a minimum of one week ahead of time. Clubs needing special work shall relate to the YMCA Program Director. All requested, approved work will be completed within a week (7 days).

## **CLUB REPORT FORMS**

Monthly program calendars for the next month's events should be turned into the YMCA Program Director. Clubs are allowed to use the copy machine and materials for club calendars, letters, etc. Please contact the YMCA Program Director before doing so.

## **CHECK AUTHORIZATION**

Signature cards for club advisors and officers should be current and on file at the YMCA. Checks will be drawn on club accounts upon written notice received from the club on the correct form. Clubs should give a minimum time of 72 hours to prepare checks as two signatures are required in many cases.

## **QUESTIONS ON TRI-HI-Y POLICY AND PROCEDURE**

Questions on policy issues should be addressed to club sponsors, Steering Committee, or YMCA Youth/Adult Program Committee. Questions on programs, resources, or policy implementation should be addressed to YMCA staff assigned to Tri-Hi-Y.

**BYLAWS OF THE TRI-HI-Y CLUBS  
SAN ANGELO YMCA**

**NAME**

**ARTICLE I. NAME**

The name of this club shall be \_\_\_\_\_.

**OBJECT**

**ARTICLE II. OBJECT**

Purpose

**Section 1.** The purpose of this club shall be to create, Maintain, and extend high standards of Christian character.

Policies

**Section 1.** The policies of the club shall be in harmony with the policies of the YMCA.

**MEMBERS**

**ARTICLE III. MEMBERS**

Selection

**Section 1.** Any girl in High School and who has never Participated in a Tri-Hi-Y drawing in San Angelo is eligible for membership in the club. Application and selection procedures are set forth in Tri-Hi-Y San Angelo YMCA policy 1. permitted at any time.

Classes

**Section 2.** This club shall have two classes of members: students and sponsors. Student members shall be limited to a total of 45 members. There shall be at least two sponsors for each grade.

Rights

**Section 3.** Student members shall have the right to full participation in all meetings of this club; to make motions, to speak, to vote, and to insist on the enforcement of these rules. Sponsor members have the right to speak in all meetings.

Duties

**Section 4.** Members of this club have the duty to attend meetings and serve on committees, to preserve an objective and impersonal approach in all thinking and decision making and to assist the carrying on the business in a smooth and orderly manner by exercise of decorum and courtesy.

Attendance	<b><u>Section 5.</u></b> Members are expected to attend all meetings and activities of this club. Absence due to special circumstances shall be acted on by the officers of each club. Members with more than five unexcused absences shall be removed from Tri-Hi-Y membership.
Election	<b><u>Section 6.</u></b> The officers, with the exception of the Sophomore Representative, shall be elected by ballot during a regular meeting in the month of April; the Sophomore Representative shall be elected during a regular meeting in the month of May. Officers are elected to serve one year and the term of office shall begin the first Monday in May; the Sophomore Representative shall serve upon election until the change of officers. 2/3 quorum club membership must be present and vote for election to be “official”. Also, girls can only run for “one” office and if any position is not filled with first election then a second election will be held and then a 3 <sup>rd</sup> and so on and so forth until all offices are filled.
Officer Orientation	<b><u>Section 7.</u></b> All members running for office must attend a Mandatory Officer Training along with their sponsor. This will be held after elections of offices are held. The purpose of this orientation is to inform all members and sponsors of the responsibilities involved in the designated offices.
Removal	<b><u>Section 8.</u></b> Failure to fulfill the rights and duties of membership shall be grounds for removal. The procedure for removal from membership is set forth in <i>Tri-Hi-Y San Angelo YMCA Policy</i> included in this pink book.
<b>Officers</b>	<b><u>ARTICLE IV. OFFICERS</u></b>
Personnel	<b><u>Section 1.</u></b> The officers of the club may include a President, who shall be a senior; a Vice-President(s), a Secretary, a Treasurer, a Chaplain, a Parliamentarian, a Historian, one Representative from each class and a Chairman of all other committees.

Functions	<b>Section 2.</b> These officers shall perform the functions prescribed by these bylaws and the parliamentary authority adopted by this club.
President	<b>a.</b> The President shall preside at all meetings, chair the Executive Committee, be a member ex-officio of all committees, and shall coordinate the activities of the organization.
1 <sup>st</sup> Vice-President	<b>b.</b> The Vice-President shall assist the President and shall assume the functions of the President in her absence. She shall chair the Programs Committee.
2 <sup>nd</sup> Vice-President	<b>c.</b> The 2 <sup>nd</sup> Vice-President shall chair the Social Committee and also be in charge of the Softball Program. In the event only one Vice-President has been elected for the club, then that V.P. will assume the responsibilities of both 1 <sup>st</sup> and 2 <sup>nd</sup> V.P. duties.
Secretary	<b>d.</b> The Secretary shall record the attendance and action taken at all the meetings, handle all correspondence, and be custodian of all records.
Treasurer	<b>e.</b> The Treasurer shall collect and record all dues and fees, be custodian of all monies, and make payments in accordance with the budget. Any monies not turned into the YMCA are her responsibility, should it be lost or stolen. All monies shall be deposited at the YMCA within 72 hours of the close of the event. Record keeping is imperative. All monies will be recorded and verified in writing by at least 2 officers/sponsors. She shall serve on the Fund Raising Committee.
Chaplain	<b>f.</b> The Chaplain shall lead invocations and benedictions. She shall chair the Service Projects Committee and keep records of volunteer hours earned by club members. She is also responsible for turning in service records to the YMCA Program Director.
Parliamentarian	<b>g.</b> The Parliamentarian shall maintain control of all meetings and shall assist all officers when needed. Simple parliamentary procedures will be followed.

- Historian **h.** The Historian shall chair the Historian Committee and is responsible for keeping an accurate record of members' accomplishments, makes a scrapbook and always has a camera and film on hand. Also serves as public relations chairman.
- Senior Rep. **i.** The Senior Representative shall assist the President by coordinating the activities of the Senior student members. The Senior Representative shall represent all Senior student members in her speech and actions before the Executive Committee. The Senior Representative is also the Chairperson of the Phone Committee and is responsible for making sure that all members have planned transportation to and from any meetings. She is also responsible for taking up the order forms for the t-shirt fundraiser and making sure the forms are correct and legible.
- Jr. Rep. **j.** The Junior Representative shall assist the President by coordinating activities of the Junior student members and speak and act for them in the Executive Committee. She shall chair the Dance Committee.
- Soph. Rep. **k.** The Sophomore Representative shall assist the President by coordinating activities of the Sophomore student members and speak and act for them in the Executive Committee. She shall chair the style Show Committee and assist the chair of the Dance Committee and assist with all dances.

## **NOMINATIONS**

**Section 3.** The officers shall attend to the mechanics of nomination. A student member may run for any office within her academic grade. Sign-up shall be the first Monday of April with the exception of the Sophomore Representative, which shall take place in the month of May.

## **VACANCIES**

**Section 4.** The Executive Committee shall fill vacancies by appointment.

**REMOVAL**

**Section 5.** Any regularly elected official can be deposed from office for misconduct or neglect of the functions of the officer or for failure to meet attendance requirements (Article 3 Sec. 5). The Executive Committee shall initiate such action by investigating the offense and referring changes to the membership. The membership shall vote to remove and officer from office; two-thirds vote being necessary to carry the motion.

**MEETINGS**

**ARTICLE V. MEETINGS**

Regular

**Section 1.** The regular meetings of each club shall be decided by each club.

**Section 2.** A regular meeting in April before the new girl drawing shall be known as the annual meeting and shall be for the purpose of receiving reports, installing officers, and presenting awards.

Special

**Section 3.** Special meetings can be called by the Executive Committee and shall be called upon the request of the club officers. The purpose of the meeting shall be stated in the call. Except cases of emergency, at least three days notice shall be given.

Quorum

**Section 4.** 1/3 total membership of each club will constitute a quorum.

**EXECUTIVE COMMITTEE**

**ARTICLE VI. THE EXECUTIVE COMMITTEE**

Composition

**Section 1.** All officers of this club and a sponsor member for each grade shall constitute the Executive Committee.

Powers

**Section 2.** The Executive Committee shall have general supervision of the affairs of this club between its business meetings, make recommendations to the members, and be responsible for planning and organizing activities.

Meetings

**Section 3.** Regular meetings of the Executive Committee shall be held once a month or as needed. Special meetings can be called by the President and shall be called upon the request of the club officers/sponsor members.

**COMMITTEES**

**ARTICLE VII. COMMITTEES**

Dance

**Section 1.** A Dance Committee shall be formed promptly after the annual meeting , whose duty shall be to assume the responsibility for any dances held by this club or held with the other Tri-Hi-Y clubs. The Junior Representative shall chair the Dance Committee and she shall be assisted by the Sophomore Representative.

Fund Raising

**Section 2.** A Fund Raising Committee, composed of the Treasurer and one student member from each grade, shall be appointed by the Executive Committee promptly after the annual meeting. The Fund Raising Committee shall plan, organize, execute, and evaluate all money-making projects.

Style Show

**Section 3.** The Style Show Committee, composed of the Sophomore student members shall be formed promptly after the election of the Sophomore Representative, whose duties shall be to assume the responsibility for the Style Show held with the other Tri-Hi-Y clubs. This group will need to appoint a spokesperson to report all updates on the Style Show.

Historical

**Section 4.** A Historical Committee, chaired by the historian shall maintain a written and pictorial history of this club to inform the public concerning the activities of this club.

Phone

**Section 5.** A Phone Committee chaired by the Senior Representative, whose duty it shall be to notify the membership of this club of all activities concerning this club. She shall contact the senior of each family who will contact the junior and so on. The Phone Committee shall respond to the request of the President, the Executive Committee, the YMCA Program Director, or the Steering Committee.

Service **Section 6.** A Service Committee, chaired by the Chaplain and composed of one student member from each grade, shall be appointed by the Executive Committee promptly after the annual meeting; whose duty it shall be to plan, organize, execute, and evaluate community volunteer projects for this club, maintain a log of volunteer hours performed.

Social **Section 7.** A Social Committee, composed of the Vice-President and one student member from each grade, shall be appointed to the Executive Committee promptly after the annual meeting; whose duty shall be to plan, organize, execute, and evaluate all social activities of this club and to work with the other Tri-Hi-Y clubs in presenting one group program a year.

Other **Section 8.** Other such committees, standing or special, shall be appointed by the Executive Committee, from time to time as necessary, to carry on the work of this club. The President will be an ex-officio member of all committees.

**SERVICE PROJECTS** – Participation in Service Project is required by all members of Tri-Hi-Y.

A minimum of **25 volunteer hours** (includes 10 community service hours, 10 club hours, and 5 personal hours) is required for attendance to the Tri-Hi-Y Formal Dance. An **additional** 5 hours (club or community) are required following the dance. To resume membership in Tri-Hi-Y, each member is required to participate in the additional 5 hours following the dance. Additionally, all members are expected to perform 5 hours on the committee specific to their class. Sophomores will serve on the Style Show Committee, Juniors will serve on the Reward Celebration and Dance Committee, and the Seniors will serve on the Empathy Dinner Committee.

#### **DEFINITION OF VOLUNTEER HOURS:**

**COMMUNITY SERVICE HOURS** – Opportunities for community service that are offered to members but not voted on for all club participation. Example – Christmas at Old Fort Concho, Meals for the Elderly, Concho Valley Home for Girls, United Way volunteer hours.

**CLUB HOURS** – Projects and fundraising efforts that the club votes on to participate in as a whole. Mandatory participation is necessary. Example – Car washes, meetings, garage sales, family nights, etc.

**PERSONAL HOURS** – Service hours earned for volunteer work performed by individual club member, where the member initiates participation as a volunteer **without receiving any compensation**. Example – Working in a church nursery, babysitting for no payment, mowing a neighbor's yard, washing their car, or offering to run to the grocery store for a sick or elderly person. These hours can not be the hours the youth is

volunteering in another club to meet the club's volunteer obligations, such as National Honor Society.

**COMMITTEE HOURS** – Service hours earned for volunteer work associated with this year's Service Project which will be the Empathy Dinner fundraiser for West Texas Rehab. The dinner will take place in the spring following the Presentation and Reward Celebration.

After each girl reaches the 25 required hours they are still required to participate in service hours. Additional hours may help her receive the outstanding award at the end of the year. Not only will an overall award be given, but also each club honors those who exceed their responsibility.

***Remember, if you can't work on a particular project, say no. Don't sign up and then not show up – that's being undependable and irresponsible. You will be docked the designated volunteer hours for the project in which you signed up but failed to meet your obligation.***

Each club will vote on the projects they will complete for the current school year.

**United way Agencies** – your club president has a list of all the United way Agencies.

Other examples: United Way Day of Caring, YMCA parties, carnivals, and sporting events, Christmas at Old Ft. Concho, Christmas in April, Meals on Wheels, Nursing Home, Nature Center, Nutcracker, San Angelo State School Benefit Tennis Tournament, Feed the Kids Program.

**VERY IMPORTANT** – Your club President knows when you can obtain volunteer hours on certain projects. Even if one is not listed above, do not hesitate to discuss a project you may have worked on – you may be able to count hours. Remember, it never hurts to ask.

Also- In order to get credit for hours you have worked, you **must** turn in a statement from the organization you worked for stating: your name, the organization's name, the name of the individual you worked for at that organization, the date you worked, the number of hours you worked, and the organization's phone number. Remember, this form must be signed by the individual for whom you worked.

Turn in your volunteer hour records to your Chaplain to obtain credit.

**GROUP PROGRAMS** (Minimum of 1 required)

A group program is where more than one club participated (2, 3, 4, 5, or all 6 together).

**NO SERVICE HOURS ARE ACCUMULATED AT THESE MEETINGS. THEY ARE A PART OF THE TRI-HI-Y AND ARE REQUIRED BY EACH GIRL AS A PARTICIPANT IN TRI-HI-Y.**

Group Programs normally replace one of the weekly meetings.

Some Examples of Group Programs are:

Style Show (goes to scholarship fund)

Annual Dance (Jr. Reps. organize this)

Thanksgiving and Christmas Food Baskets and/or gifts to less fortunate – names can be obtained from Church, Christians in Action, Salvation Army, United Way Office, etc...

If the group votes to do a project, it's a **GROUP PROJECT**. If it is an offered service for an individual person – it is a **PERSONAL** project.

## Dance Eligibility Self-Checklist

In order to determine if you are eligible to attend the Reward Celebration Dance, answer the following questions:

1. Did you register for the YMCA Tri-Hi-Y program and pay all dues by the required deadline? \_\_\_\_\_ Yes \_\_\_\_\_ No
2. Did you sell all 5 of your t-shirts and turn in the order form and all of the money on or before the designated date? \_\_\_\_\_ Yes \_\_\_\_\_ No
3. Did you sell all 4 of your Style Show Tickets and turn in all of the money on or before the designated date? \_\_\_\_\_ Yes \_\_\_\_\_ No
4. Did you complete all of the required volunteer hours (10 club, 10 community, 5 personal) by the January 9<sup>th</sup> deadline? \_\_\_\_\_ Yes \_\_\_\_\_ No
5. Did you turn in your hours to your Chaplain on or before the January 9<sup>th</sup> deadline? \_\_\_\_\_ Yes \_\_\_\_\_ No

If you answered No to **ANY** of the above questions, you already know you are ineligible to attend the Annual Reward Celebration Dance held in February at the Cactus Hotel. Please do not ask for special permission to attend the Reward Celebration Dance. Only girls who have completed all of the program requirements have earned the right to attend the Reward Celebration Dance.