



San Angelo YMCA Community Room Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 AM Silver Sneakers	8:30 AM Chair Yoga	8:30 AM Silver Sneakers	8:00 AM - 11:45 AM Summer Day Camp	8:30 AM Chair Yoga	
10:00 AM Gentle Yoga	9:45 AM - 11:45 AM Summer Day Camp			9:30 AM Gentle Yoga	
12:00 PM Lunch Crunch	12:00 PM Lunch Crunch	12:00 PM Lunch Crunch	12:00 PM Lunch Crunch	12:00 PM Lunch Crunch	
12:45 PM - 4:45 PM Summer Day Camp	12:45 PM - 4:45 PM Summer Day Camp	12:45 PM - 4:45 PM Summer Day Camp	12:45 PM - 4:45 PM Summer Day Camp	12:45 PM - 4:45 PM Summer Day Camp	
5:30 PM Build N' Burn			5:30 PM All level Yoga		

Community Room Policies

- Be **RESPONSIBLE**, dispose of all trash appropriately.
- Appropriate clothing and shoes must be worn at all times. (No cleats, dress shoes, or boots)
- **RESPECT** our facility. Mishandling of equipment is prohibited. Please return the equipment to its proper area.
- Areas are equipped with cameras for monitoring. Exit gates are to be opened in building emergencies only or by Y staff.
- Disagreements, disputes, and arguments will be settled in a polite, timely, and nonviolent manner.
- Members, guests, and participants are responsible for any damages resulting from misconduct or misuse of equipment and facilities.
- Members, guests, and participants will conduct themselves in a sportsmanlike manner; profanity, spitting, unsportsmanlike conduct, provocative language and actions are prohibited.
- The Y is not responsible for lost or stolen articles. Please keep valuables at home or in a locked locker.