



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

YMCA OF SAN ANGELO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap Swim 5:30am - 8:00am H2O Aerobics 8:00am - 9:00am Fitness 9:00am-10:30pm H2O Aerobics 10:30am - 11:30am Lap Swim 12:15pm - 1:00pm Open Swim 1:00 pm - 5:30 pm Swim Club 1:00pm - 2:00pm Lap 2:00pm - 6:00pm H2O Aerobics 5:30pm - 6:30 pm Swim Club 6:00pm - 7:00pm Open Swim 6:30 pm - 8:45pm	Lap Swim & Water Fitness 5:30am - 8:00am H2O Aerobics 8:00am - 9:00am Fitness 9:00am-12:00pm POOL CLOSED 12:00pm - 1:00pm Open Swim 1:00pm - 4:00pm Swim Club 1:00pm - 2:00pm Lessons 4:00 pm - 6:00 pm Lap 5:00 pm - 6:00 pm Swim Club 6:00pm - 7:00pm Open Swim 6:00 pm - 8:45pm	Lap Swim 5:30am - 8:00am H2O Aerobics 8:00am - 9:00am H2O Aerobics 10:30am - 11:30am Fitness 11:00am-12:00pm Lap Swim 12:00pm - 1:00pm Open Swim 1:00pm - 8:45pm Swim Club 1:00pm - 2:00pm Lap 2:00pm - 6:00pm Swim Club 6:00pm - 7:00pm Open Swim 1:00 pm - 8:45pm	Lap Swim & Water Fitness 5:30am - 8:00am H2O Aerobics 8:00am - 9:00am Fitness 9:00am-10:30pm H2O Aerobics 10:30am - 11:30am POOL CLOSED 12:00pm - 1:00pm Open Swim 1:00pm - 4:00pm Swim Club 1:00pm - 2:00pm Lessons 4:00 pm - 6:00 pm Lap 5:00 pm - 6:00 pm Swim Club 6:00pm - 7:00pm Open Swim 6:00 pm - 8:45pm	Lap Swim 5:30am - 8:45am Cardio & Toning 9:00am - 10:00am Fitness 10:00am - 11:00pm Lap Swim 11:00am - 1:00pm Open Swim 1:00 pm - 7:45pm	Lap Swim 8:00am - 10:00am Cardio & Toning 9:00am - 10:00am Fitness 10:00am - 12:00pm Open Swim 12:00 pm - 4:45pm	Open Swim 1:00 pm - 4:45pm

*DURING SWIM LESSONS THERE IS NO OPEN SWIM AVAILABLE.

CHANGES IN THE ABOVE SCHEDULE ARE SUBJECT TO OCCUR WITH LITTLE TO NO NOTICE.

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ALL SWIMMERS YOUNGER THAN 16 YEARS OF AGE MUST TAKE A SWIM TEST ANNUALLY TO UTILIZE THE DEEP END.

(Anyone who lacks strong swim skills may be required to perform the swim test.)

The swim test is as follows:

Enter water by jumping in and surfacing to the top, tread water for 60 seconds, swim the length of the pool consistently and unassisted, showing a front crawl stroke, and float on the back, showing the skill is efficient.

Inclement Weather Policy:

The pool will close due to lighting or thunder for 30 mins. Every occurrence of lighting and thunder will restart the 30 mins.

Group Fitness Classes:

Activities indicated in **BLUE** are instructor-led classes. The participants in these classes must have the ability to see and hear the instructor with no distractions. Please be considerate of others and the ongoing activities. Certain classes might have specific area designated for open swim. Kindly remain within these designated zones; in case of increasing class sizes, the open swim area may be restricted to accommodate group fitness sessions.

Closures

Pool: Every Tuesday and Thursday, for one hour the pool will be closed. During this closure the aquatics department will focus on training, program development, and general maintenance.

Hot Tub: On alternate Thursdays of every month, the hot tub will be closed from 1:00 P.M. to 5:00 P.M. for routine cleaning and maintenance.

Please note that these timings and days are subject to potential changes.

Last revision 9/9/2025