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Dear Member,

Welcome to the San Angelo YMCA! The YMCA Board of Directors and staff have established this Member Policies and Procedures booklet to create a SAFE, HEALTHY, FAMILY-FRIENDLY environment at the San Angelo YMCA. This booklet outlines general rules and conditions members and guests are asked to follow while using the YMCA facilities. In addition, more specific rules may be outlined for specific areas or classes. Please be sure to check current policies that will be posted in that specific area.

Thank you for choosing the San Angelo YMCA.

MORE THAN JUST A GYM

Even after many years of service to family needs, with programs designed for all ages, some people still think of the YMCA as a 'men's club' or a 'gym and swim'. The San Angelo YMCA is more than just a gym, a pool, or a place for fitness; it is where our highest priorities are on strengthening the community. YMCA members experience a sense of belonging that can't be found elsewhere!

Of course, we can take care of your fitness needs with group exercise classes, strength training, and cardiovascular equipment. But at the YMCA, you'll find so much more. We offer programs to members of all ages and abilities - like swim lessons, Silver Sneakers, Renew Active, Prime, child care, and youth sports just to name a few. We also provide opportunities for our members to give back to their community through meaningful opportunities to volunteer. The Y offers fitness, family, and community all in one extraordinary place.

In planning programs and activities, the YMCA always remembers that our first priority is to its members. Members are the heart of the YMCA, and without members, there would be no YMCA. Get involved and enjoy all that the YMCA has to offer!

MISSION STATEMENT

The mission of the San Angelo YMCA is to serve the people in the San Angelo community of all faiths, with an emphasis on families and youth, to permit them to achieve their God-given potential in spirit, mind, and body through its programs, staff, facilities and the community.

Membership Types

Adult

One adult between the ages of 26 - 59 years old.

Adult Couple

One couple between the ages of 19 - 59 years old.

Family

Primary member, spouse, and dependent children residing in the home.

Senior

One adult over the age of 60.

Senior Couple

Two adults who are over the age of 60.

Single Parent Family

Single parent and dependent children residing in the home.

Youth

Individuals 3 - 12 years old.

Youth 13+

Individuals 13 - 18 years old.

Young Adult

Individuals 19 - 25 years old.

Insurance Based

The eligible adult only, to add family members please speak with the Welcome Center.

NATIONWIDE MEMBERSHIP

Nationwide membership enables you to visit any participating YMCA in the United States through membership at your "home" YMCA (your home Y is the local association that enrolled you as a member and collects your membership dues). Currently, there are more than 2,400 YMCAs across the country that will honor your membership as part of the Nationwide program.

By participating in the Nationwide Membership, the YMCA conducts regular sex offender screenings on all members, participants, and guests. If a match occurs, the YMCA reserves the right to cancel membership, end program participation, and remove visitation access.

- Nationwide Membership is valid for active full-facility YMCA members whose home Y participates without restriction or blackout periods.
- Nationwide member visitors must use their home Y at least 50% of the time.
- Program-only participants (Silver Sneakers, AARP Renew Active, and Prime) are not eligible.
- Special memberships established by any Y for group homes, other agencies, etc., are not eligible.
- When visiting a Y, nationwide members will be required to show a valid YMCA membership card and photo ID and provide basic membership data such as name, barcode, and email.
- Members will need to sign a universal liability waiver and privacy policy.
- Ys should allow nationwide members access to services typically offered to full facility members. Check with the Y for schedule and availability. Nationwide members visiting other Ys for a period greater than 28 days must transfer membership affiliation for continued use.
- All Y's reserve the right to restrict or revoke these privileges.
- Registered sex offenders are prohibited from participating.





FOR HEALTHY LIVING

FACILITY AMENITIES

- Gymsnasiums for youth and adult activities
- 2 Auxiliary/Multi-purpose rooms
- Indoor, heated 25-yard swimming pool
- Co-ed whirlpool
- Men's steam room and women's dry sauna
- Dressing areas with lockers and showers
- Complete Wellness includes:
 - Matrix Exercise equipment
 - Precor multi-station systems
 - Free weights, kettebells
 - Power ropes
 - Plyometric equipment and more
- Complete Cardio Center includes:
 - Precor
 - Octane cardio equipment
 - Recumbent bikes
 - Stair steppers
 - Treadmills
 - AMT's
 - Upright Bikes
 - Elliptical
- Outdoor turf field
- Outdoor walking track
- Outdoor pavilion
- E-Sports lounge

MEMBERSHIP BENEFITS AND PRIVILEGES

- Reduced fees on YMCA programs
- Unlimited access to wellness center (12 years with adult supervision)
- Free group fitness classes
- Free child watch while you workout (applies to family-type units only)
- Free open swim and open gym privileges
- Complimentary towels
- Complimentary coffee during week days 5:00 am until 10:00 am
- Nationwide membership privileges
- Usage of gymnasium

PARKING

The parking lot at our establishment is owned and maintained by the YMCA of San Angelo. Adequate lighting is provided in the parking area. Additionally, there is a section on the of the lot that is designated for individuals with disabilities

INCLEMENT WEATHER

The YMCA makes every effort to keep the Y and its programs running during inclement weather. Closing decisions are based on weather alerts, road and school closings, and the ability of YMCA staff to get to and from the Y and operate the facility safely. In case of early closing, we will update our closing status on our website, Facebook, Instagram, and our Remind text messaging system (ask the Welcome Center how to sign up).

On rare occasions that the Y closes due to weather, we do not offer a refund, credit, or make-up classes. When the weather is questionable, it's best to call ahead.

The pool, turf and pavilion will temporarily close whenever lightning is detected within a 10-mile radius. Each lightning occurrence will extend the closure by 30 minutes for safety reasons. The weather bug is available on our website for your convenience.

CHILD ABUSE PREVENTION

The YMCA enforces its policies and practices to prevent child abuse. Allegations or suspicions of child abuse are taken very seriously at the YMCA and will be reported to the proper authorities for investigation. We have abuse reporting procedures, there are unscheduled visits from supervisors, we have an open door for parents, and we have a code of conduct for staff. We minimize opportunities for abuse to occur and make sure youth in our programs are informed about personal safety and touching limits. The YMCA has a zero-tolerance policy regarding child abuse. One of the goals of the Y is to provide a safe environment for all members and participants.

MEMBERSHIP POLICIES AND GENERAL INFORMATION

Personal Safety

The YMCA does not carry Public Health and Accident Insurance. You are participating at your own risk. Keep valuables in a locked locker. The YMCA is not responsible for lost or stolen items.

New Member Joining Fee

This fee is paid by new members and those who have let their membership lapse for 30 days or more. All funds generated from these fees are deposited into a "Reserve" account and used only for capital improvements and upkeep. Exact fees vary by membership category.

Membership Cancellations

You can cancel your membership at any time with a 30-day written notice before your next scheduled draft. To cancel, complete the termination form and return your membership cards in person, through your Daxko account online, or by emailing the membership director, Larissa Rivera, at lrivera@ymcasanangelo.org. Verbal termination requests will not be accepted.

Membership Hold

Members can place their membership on hold for up to three months with a \$10 monthly fee.

Returned payments

Any returned payments may be subject to additional fees. You are responsible for all other recovery costs. Please ensure that all your personal information is current in our system; this includes current bank/card information and expiration dates.

Refunds

The YMCA of San Angelo does not offer refunds or credits for unused facility access, and memberships are non-transferable. No refunds will be issued for programs that are already in progress. Refund requests will incur a \$10.00 fee for programs not yet started unless the YMCA cancels the program, in which case a full refund will be provided. Members may also choose to receive a credit for the full amount instead of a refund.

SEFA. Safe environment for all

Under the YMCA of San Angelo FOR ALL policy, all of our employees are trained and certified in CPR/AED, bloodborne pathogens, and Child Abuse Prevention before they begin to work at our Y. A criminal background and sex offender checklist are processed for each employee working in our Y.

Lost and Found

Lost and Found is located at the Welcome Center. Anything not claimed within two weeks will be donated to a local charity.

RSO

The YMCA reserves the right to deny access or membership to anyone accused or convicted of a crime involving sexual abuse or who is a registered sex offender. If someone is flagged as a possible registered sex offender, their membership or access to the Y will be immediately terminated.

Membership Cards/Identification

YMCA members are required to scan in with their membership card each visit. A member who does not have a membership card must present photo identification, such as a driver's license, to allow staff to verify membership. If you have lost your membership card, a \$7.00 lost card replacement fee is payable upon issuance of a new membership card, or you can request a digital copy of your card at the Welcome Center.



FOR HEALTHY LIVING

Medical Waiver

The YMCA of San Angelo does not provide accident or medical insurance with its memberships. The YMCA would like to advise each new member to consult their physician before engaging in physical activity, especially persons over the age of 35 and all persons with known or suspected heart disease. After registering, you hereby agree to indemnify and hold harmless the YMCA of San Angelo, its officers, directors, and employees from all claims, damages, or liabilities for personal injuries or property damage.

Membership Records

Membership records are considered confidential and are maintained in the Membership office. If there's any change in your mailing address, phone number, marital or dependent status, bank account, credit card, or other information, you are responsible for notifying the Welcome Center.

Towels

Towels are offered as a complimentary service exclusively to members aged 13 years and older. Guests and youths aged 12 and under are not eligible for towel services unless accompanied by an adult member.

Service Animals

To support the safety of our members and guests, only certified service animals are allowed on YMCA property. Although service animals may accompany members or guests in the facility, they are not allowed in the pool or locker rooms at any time. The service dog must be leashed and housebroken, not disruptive, and not a threat to health or safety.

Accidents/Injuries

While we strive to maintain your safety, please report any incidents, injuries, or unusual accidents to a staff member on duty or to the Welcome Center. Please note that the YMCA does not assume responsibility for injuries sustained during YMCA activities.

Food/Drink

Food and drinks are not permitted in the workout or locker room areas, except for water in a see-through, self-closing, plastic container. For your convenience, an eating area is located in our lobby. The use of tobacco or e-cigarettes is not permitted in or around the building.

Camera Usage

For the safety and comfort of all members, the use of any kind of camera, video, or mobile device is prohibited in the locker rooms and bathrooms. Use of mobile devices is permitted in the lobby and outside on the Y property. Limited use (phone calls, emails, texts, listening to music) of mobile devices that do not involve taking photographs, videos, or recordings of any kind is permitted on wellness floors. If you are asked by YMCA staff to discontinue phone calls in public areas, please do so for the comfort of other members. Taking pictures or videos of other individuals without their consent is prohibited. Please notify YMCA staff immediately if you see anyone using devices in violation of this policy on YMCA property.

Proper Attire and Shoes

Appropriate shirts, pants/shorts, and shoes are to be worn in the building at all times. Clothing should provide adequate coverage and be modest in nature. Swimming apparel is required and restricted to the pool area, sauna, and whirlpool. Shoes must be worn at all times in the facility.

Supporting Breastfeeding at the Y

Breastfeeding in public places is permitted and protected by law. Even if this Y doesn't have designated areas specifically for breastfeeding, the Y provides that mothers may breastfeed wherever they choose in the facility and on the Y grounds.

CODE OF CONDUCT

The YMCA's code of conduct is rooted in our four core values: Caring, Honesty, Respect, and Responsibility. This framework ensures everyone entering our facility can enjoy a safe, welcoming, and comfortable environment. We expect individuals to uphold these values when participating in our programs and visiting our facility. Our members' and guests' safety and well-being are of utmost importance to us. Therefore, we reserve the right to deny access or membership to anyone accused or convicted of a crime involving sexual abuse or registered as a sex offender. Regular sex offender screenings are conducted on all members, participants, and guests. In the event of a match, we reserve the right to cancel membership, terminate program participation, and revoke visitation access. Additionally, we reserve the right to terminate a membership for any unlawful reason or due to behavior inconsistent with YMCA values. We will take the proper action in the best interest of the YMCA community. Any inappropriate behavior may result in suspension or termination of guest or membership privileges.

Refrain from the following:

- Using offensive language, wearing revealing clothing, and exposing inappropriate tattoos. Please wear a swimsuit only in the pool area and locker rooms. Shoes, shorts pants and shirts are required in all areas of the facility area. "Heelys" or shoes with wheels, are not allowed.
- Making physical contact with another person in an angry or threatening way.
- Engaging in sexual activity or inappropriate contact with another person.
- Harassing or intimidating by words, gestures, body language, or any other menacing behavior.
- Stealing or other behavior that results in the loss or destruction of property.
- Smoking or vaping. All our Y facilities and grounds are smoke and vape-free environments.
- Displaying offensive, threatening or inappropriate conduct.
- Carrying or concealing any weapon, or object that can be utilized as a weapon.
- Abusing or defacing the Y building or its equipment.
- Using or possessing alcohol, illegal drugs, or chemicals on Y property.
- Posting unapproved materials. Ask the Welcome Center staff for permission to post flyers on our community board located in the lobby area.
- Cameras/cell phones are prohibited in locker rooms, bathrooms, aquatic areas, or wellness centers. Phone usage is for listening to personal music only.
- Conducting or participating in paid personal training or other instructional sessions with an instructor not employed by the Y.
- The use of networking websites in a manner that is contrary to the YMCA's mission is detrimental to the community or violates the law.
- Bringing unregistered guests into the facility at any time.
- Entering the facility under the influence of illegal or dangerous drugs, chemicals, narcotics or intoxicating beverages.

We encourage you to:

- Resolve conflicts in a respectful, honest, and caring manner.
- Respect other's property and personal space.
- Share facilities and equipment in responsible ways.
- Practice good hygiene: washing hands frequently and cleaning equipment before and after each use; to make a YMCA a cleaner and safer place for all.
- To honor the YMCA staff and trust in their expertise by adhering to their guidance and instructions.

The YMCA management will investigate all reported incidents. Suspension or termination of YMCA membership privileges may result from violating the Code of Conduct. Some areas of our facility utilize video technology to protect all persons and will be turned over to authorities if needed. If an annual membership is revoked within one year of the member's starting date, the member will receive a prorated refund of the membership dues.



FOR HEALTHY LIVING

GUESS PASS

YMCA members are encouraged to bring a guest. Guest passes to the Y are available as follows:

- Complimentary passes:
 - All new members received a free 3-day pass to share with friends. Passes are limited to one guest to attend the facility for any three consecutive days of their choice.
- Paid Member guest passes:
 - These passes are available to guests who are accompanied by current YMCA members. Any member guest will pay a total of \$5.00 at the moment of the visit.
- Non-accompanied guests
 - Guests of the YMCA have to pay the following fees:
 - \$5.00 - youth, students, veterans or active military, and seniors
 - \$8.00 - Adults (19 - 59 years old).

Day passes can be purchased online or in-person. Picture ID is required at the moment of visiting the facility.

GUEST POLICIES AND RESTRICTIONS

- YMCA guests must register at the Welcome Center and sign the guest waiver before using the facility.
- Youth guests must be accompanied by an individual age 16 or older at all times.
- Guests must adhere to all YMCA policies and usage guidelines. If a guest is not following these policies and guidelines, facility access can be revoked.
- A guest pass gives access to all of our facilities except the locker rooms. Locker rooms are for members-only use.

USE OF FACILITIES BY YOUTH

SAFETY FIRST!

Note: General facility access without Parent/ Guardian Supervision begins at age: 12 years.

	Under 8 years	9 - 11 years	12 to 13 years	14 - 16 years
Cardio Room	✗	✗	12 year old- with adult supervision 13 year old - Access	✓
Weight Room	✗	✗	12 year old- with adult supervision 13 year old - Access	✓
Stephens Natatorium (Pool)	Accompanied in the water arm's length away at all times by adult	Supervision is recommended	✓	✓
Group Exercise	✗	May participate only with instructor approval and accompanied by an adult (18+) who is participating in class	✓	✓
Gymnasiums	✓	✓	✓	✓
Steam Room Sauna Whirlpool	✗	✗	✗	16 years and up only
Outdoor Turf Pavilion	✓	✓	✓	✓
Locker Rooms	Access only with an adult (18+) or older. Youth 5 and older must use gender appropriate locker rooms.	Access only with an adult (18+) or older.	Access only with an adult (18+) or older.	Access only with an adult (18+) or older.
Esports Lounge	✓	✓	✓	✓

LOCKER ROOM

GUIDELINES

- If you need immediate assistance, please contact the Welcome Center.
- Please use caution when walking through the locker rooms; floors might be wet.
- Cell phone cameras, video recorders, cameras, or any other visual recording devices are **PROHIBITED** in the locker rooms and restrooms at all times.
- Food and beverages are not permitted.
- Upon leaving the shower area, please dry off thoroughly before entering other areas.
- Items such as shampoo and conditioner must be in non-breakable containers.
- Showers are required before entering the pool area.
- Do not leave items in an unlocked locker. The YMCA of San Angelo is not responsible for lost or stolen items.
- In an attempt to provide all members with locker usage, we ask that you do not leave your lock or belongings in a locker beyond your visit. Locks left overnight may be cut, and items will be individually bagged and brought to the lost and found. The YMCA is not responsible for the replacement of cut locks.
- There are a limited number of lockers available for rent. If locker payments or membership fees are not paid within 30 days, locker use will be terminated.
- If a locker payment is 30 days overdue and a notice has been sent, we will cut off access to the locker. The contents will be stored at the Welcome Center for two weeks before being donated to a nonprofit charity.
- Children age 5+ must use the gender-appropriate locker room. Private changing areas are available for family use.
- Facial recognition is set up for your safety and the safety of other members. To access the locker room, members must be 16 or older to be registered for facial recognition or a password.

SAUNA & STEAM ROOM

- A steam room is located in the men's dressing area, and a dry heat sauna is located in the women's dressing area.
- The maximum sauna time is 30 minutes.
- You must be 18 or older to use sauna.
- Please open and close the door quickly to maintain the temperatures in the rooms.
- No exercising or personal grooming while in the sauna or steam room.
- Persons with health conditions such as diabetes, high or low blood pressure, pregnancy, or heart disease, or taking any medications, should consult with a physician before using sauna or steam room.
- To eliminate the risk of fire, please refrain from drying clothes, or reading newspapers or magazines in these rooms. No food or drinks. No rubberized suits. Do not use these rooms under the influence of alcohol or prescription medication. Must be 16 years or older to utilize these facilities.
- Do not cover thermometers or manipulate sensors in any way.



CHILDWATCH

- It is a member service that is included with family memberships for children ages 12 weeks until 12 years old.
- Members must provide proof requested by childwatch staff for verification of membership or day pass.
- Child Watch provides care for up to 2 hours.
- Member must remain in the facility while child(ren) is in child watch.
- No food or drinks allowed.
- Adult-only members and guests may use the child watch facility for an additional \$5.00 fee.

Our goal is to provide a safe, enriching, and fun environment for your children. Children play under the supervision of caring, trained YMCA staff. For specific program procedures and rules, please contact a childwatch staff.

COMMUNITY ROOM

- No bouncing balls.
- No tape on mirrors.
- Equipment must stay in room at all times unless instructed otherwise by a Y staff.
- Reservations for the room must be made to the welcome center with a minimum two week notice.
- Access to closet is limited to Y staff.
- Emergency exits are only to be used for an emergency. Refrain from blocking them with equipment.
- Children must be supervised at all times while in room.

PARTIES AND FACILITY RENTALS

The YMCA facilities are available to rent to groups for birthday parties, meetings, classes, practices, or any other group meetings. Facility rental is based on availability and must be booked two weeks in advance. We offer a variety of birthday packages that both members and non-members can book. Party package information can be found online or in our current program guide. We also rent gymnasiums and turf areas. Contact the Welcome Center for facility rental information or visit our website to find the facility rental form.

GYMNASIUM AND PAVILLION SAFETY AND RULES

- Due to safety issues, no food or drink other than water, allowed in the gym.
- Sport approved and appropriate clothing and shoes must be worn at all times. No cleats or dress shoes.
- Dunking and hanging from rims is prohibited and will result in removal from the Y.
- Mishandling of balls and equipment is prohibited (no throwing, kicking, etc). Please return equipment to its proper area.
- Gym doors and hallways are equipped with alarms. Exit doors are to be opened in building emergencies only or by Y staff.
- Disagreements, disputes and arguments will be settled in a polite, timely and nonviolent manner.
- Members, guests and participants are responsible for any damages resulting from misconduct or misuse of equipment and facilities.
- Members, guests and participants will conduct themselves in a sportsmanlike manner; profanity, spitting, unsportsmanlike conduct, provocative language and actions are prohibited.
- Youth under the age of 8 must be physically accompanied by an adult while in the gym.
- The Y is not responsible for lost or stolen articles. Please keep valuables at home or in a locked locker.
- No members are permitted to enter the gym closets, unless instructed by Y staff.
- Do not climb or jump over the fence.
- Dispose of trash properly.

FITNESS CENTER POLICIES

CONDUCT AND ETIQUETTE

- Respect the rights of others by displaying appropriate behavior.
- No one under the age of 12 is allowed in the wellness center. Twelve-year-olds must be actively working out with an adult 18+.
- Proper athletic wear is required. This includes a shirt and closed-toed shoes.
- Wipe and disinfect machines and stretching mats upon completion.
- Please do not use machines for sitting or anything else besides their primary purpose.
- Running and horseplay of any kind are not permitted in the wellness center or on the machines.
- Water with self-closing lids is permitted. All other drinks are to be consumed in the lobby area.
- Personal music is permitted via headset only.
- While performing workout sets, be mindful of others waiting. Allow others to rotate in while you're at rest.
- Please raise and lower weights in a smooth motion. Do not "bang" weights.
- Do not drop free weights and/or dumbbells on the floor carelessly.
- Always return weights to their proper storage area when finished.
- If you need help, please contact the Y staff on duty.
- Please report faulty or damaged equipment to Y staff immediately.
- Report any injuries sustained in the fitness center areas or in a class to a Y staff team immediately.
- Gym bags, handbags, and other large items must be stored in lockers in the locker room or other designated areas.
- No chalk is permitted in the free weight area or anywhere inside the facility.
- No excessive grunting or yelling while using equipment or lifting weights.
- If you feel faint, dizzy, or short of breath, discontinue the use of equipment and contact a staff person immediately.

PERSONAL TRAINERS

The YMCA offers Personal Training for our facility members and guests. Please ask the Welcome Center for more information on personal trainers available. **USE OF NON YMCA PERSONAL TRAINERS IS PROHIBITED WITHIN OUR FACILITY.**

POOL & WHIRPOOL

Pool schedules and changes are available on the website and/or can be picked up at the Welcome Center.

Rules:

- For the safety of all, please adhere to rules and regulations as upheld by the lifeguard on duty.
- Shower before using the pool, or whirlpool.
- No running, dunking, pushing, throwing, toughness, or carrying children on shoulders.
- Do not swim with open sores, abrasions, or rashes; remove all bandages before swimming.
- No food or glass containers of any kind are allowed in the pool area.
- Young children not potty trained must wear a swim diaper.
- Kickboards, barbells, and other instructional items are not to be used during recreational swimming unless approved by the lifeguard.
- Do not sit or hang in lanes.
- No playing on exit steps or ladders.
- Baby strollers are prohibited on the deck.
- The lifeguard on duty will determine the proper toys and equipment allowed in the pool.



Pool Rules Cont.:

- All flotation devices must be US Coast Guard-approved and an adult must be within arm's length at all times.
- Swimming without a lifeguard is prohibited.
- Children under 16 years must pass a yearly swim test before they are permitted in the deep end.
- Breathe-holding activities are not permitted.
- Do not engage in conversation with the guard on duty.

Proper Attire:

- Swim trunks with lining and swimsuits are proper.
- No gym shorts, cut-off jeans.
- Cloth and disposable diapers are prohibited.
- U.S. Coast guard approved lifejackets and wearable foam floatation devices are allowed.

Supervision and Spectators:

Parents or guardians are responsible for supervising their children. Lifeguards are on duty to enforce rules and to respond in case of an emergency. Parents and spectators can view swim lessons from the deck or in the outdoor part of the pool area after dropping children off at swim lessons.

ESPORTS LOUNGE

We are dedicated to fostering an inclusive culture that welcomes everyone. We strive to create a friendly, safe, welcoming, and fun environment for all gamers and staff, regardless of gender, sexual orientation, disability, ethnicity, or religion. This code of conduct outlines our expectations for behavior from gamers, staff, and guests. All decisions regarding behavior are at the sole discretion of the esports staff and are final.

Please review and reflect on the following gamer codes:

- Gamers must sign a waiver to show their agreement to follow and support the gamer codes.
- Gamers must be respectful in their words and actions towards others and themselves.
- Gaming should be fun. Avoid actions that put others down or make them feel bad.
- There is no room for trolling, unsportsmanlike conduct to another player, raging, or negative spamming. If someone is feeling frustrated with their play or others', we encourage them to take a breath and step away from the game. When ready, they can join a new game with a fresh start.
- Gamers agree to be patient and supportive of themselves and others.
- Losses and mistakes happen. Being harsh, critical, or accusatory is unnecessary. Lift others and yourself. Encourage others when they are not meeting expectations.
- Gamers agree to listen and follow directions from the YMCA staff.
- Sometimes, gamers may not recognize their inappropriate behavior. YMCA staff will provide coaching to help them learn from their mistakes.
- Everyone should be treated fairly. If you see something that is questionable, please let the YMCA staff know.
- Gamers must agree to follow district guidelines for Digital Citizenship when playing online games.
- Keep personal information private. Some gaming options, such as Rocket League or League of Legends, may include matches with anonymous players from outside of the YMCA.
- Microphones may only be used between gamers in the YMCA gaming room.
- You may bring your own headset and controller; however, the YMCA is not responsible for missing or stolen items.
- Play the game with respect, patience, and professional behavior. Your actions reflect on yourself and others in the digital world. Treat others with the same respect you would those you care about.

ESPORTS LOUNGE Cont.:

- Misuse of our Discord channel, including inappropriate chat, uploads, or bullying, will result in immediate removal from Discord and the YMCA esports league.
- For the Esports lounge schedule, please visit www.ymcasanangelo.org or request a copy from our Welcome Center staff.

SCHEDULES

Program schedules for Group Exercise, Courts, Pavillion, and Pool can be found on our website at www.ymcasanangelo.org or you can request a copy at the Welcome Center.

FINANCIAL ASSISTANCE

The YMCA does not turn anyone away due to the inability to pay. Financial aid is available to those who require assistance for programs and membership. Funds for financial assistance are raised by the volunteers of the San Angelo Annual Support Campaign and come from generous individuals and community businesses. Applications are available at the Welcome Center or through email to the Membership Director. Proof of all household income is required.

VOLUNTEER OPORTUNITIES

Volunteer opportunities are available in fundraising, youth sports, special events, and more. All YMCA volunteers must submit a volunteer form and pass a background check prior to volunteering. Contact the YMCA for more information.

EMAIL CONTACT

We welcome your comments and questions via email. Current email addresses for our CEO, Program Directors, and leadership team can be easily located on our website, or contact our Welcome Center staff.

OUR NON DISCRIMINATION POLICY

With respect to the membership at the YMCA of San Angelo and participation in its programs and activities it is the policy of the YMCA of San Angelo to protect against any practice, activity, decision, or condition that discriminates on the basis of race, creed, color, religion, gender, sexual orientation, national or ethnic origin, age or dissability. The YMCA of San Angelo is a Christian organization dedicated to serving all persons of goodwill, as well as organizations devoted to religious, charitable, educational, or recreational purposes. The Association shall be inclusive in welcoming individuals, organizations, and staff of various backgrounds and shall seek to put Christian principles into practice by serving members and groups of various faiths and providing resources for Christian and spiritual growth for those who desire to participate. It is the responsibility of the CEO to enact and administer procedures and guidelines to ensure understanding and compliance by al members and management, staff, and volunteers.

ABUSE OF ANY OF THE MENTIONED POLICIES OR PROCEDURES MAY RESULT IN SUSPENSION OR LOSS OF MEMBERSHIP PRIVILEGES.



FOR HEALTHY LIVING

RELEASE AND WAIVER OF LIABILITY

PHOTO RELEASE: Additionally, in consideration of being allowed to participate in YMCA membership and programs, I understand that images, video, and film footage are often used by the YMCA of San Angelo for promotional purposes. For my participation in activities to be conducted by YMCA of San Angelo hereby give my permission and consent, now and for all time, to YMCA of San Angelo, The National Council of Young Men's Christian Associations of the United States of America (YMCA of the USA) and third parties collaborating with YMCA of San Angelo to make, reproduce, edit, broadcast or rebroadcast any video film, footage, soundtrack recordings, and photo reproductions of me and/or my narrative account of my experience at YMCA of San Angelo for publication, display, or exhibition thereof in promotions, advertising, and legitimate business uses without any compensation to, and/or claim, by me. I may, or may not be, identified in such reproductions; however, I shall not be stated by name to have endorsed any particular commercial products or commercial services.

Assumption of Risk

My family members and/or I acknowledge and agree that any use of YMCA of San Angelo facilities, services, equipment and premises ("Facilities") and any participation in YMCA of San Angelo programs and activities ("Programs") comes with inherent risks including, but in no way limited to: (1) moderate and severe personal injury, (2) property damage, (3) disability, (4) death, and (5) sickness or disease including, without limitation, COVID-19. My family and/or I voluntarily accept and assume full responsibility for these risks as well as any and all other risks of the use of Facilities and participation in Programs. My family members and/or I agree that my family and/or I, have full knowledge of the nature and extent of all such risks and am not relying on all such risks being described in this document.

Waiver, Release, Indemnification & Covenant Not to Sue

In consideration of the use of Facilities and participation in Programs my family members and/or I, the undersigned, agree that YMCA of San Angelo, its officers, directors, agents, employees, volunteers, insurers and representatives ("Releasees") will not be liable for any personal injury, property damage, disability, death, sickness or disease incurred by myself, my family members, dependents, or guests, including minors, however occurring including, but not limited to the negligence of Releasees. My family members and/or I understand that my family members and/or I will be solely responsible for any loss or damage, including personal injury, property damage, disability, death, sickness or disease sustained from the use of Facilities and participation in Programs.

My family members and/or I further agree, on behalf of myself and any and all legal successors and proxies, to release and HEREBY DO RELEASE, WAIVE AND COVENANT NOT TO SUE Releasees from any causes of action, claims, suits, liabilities or demands of any nature whatsoever including, but in no way limited to, claims of negligence, which my family members and/or I and any and all legal successors and proxies may have, now or in the future, against Releasees on account of personal injury, property damage, disability, death, sickness, diseases or accident of any kind, arising out of or in any way related to the use of Facilities or participation in Programs, whether that participation is supervised or unsupervised, however the injury or damage occurs, including, but not limited to the negligence of Releasees.

In further consideration of the use of Facilities and participation in Programs, my family members and/or I agree to INDEMNIFY AND HOLD HARMLESS Releasees from any and all causes of action, claims, demands, losses, suits, liabilities or costs of any nature whatsoever, including claims of negligence, arising out of or in any way related to the use of Facilities and participation in Programs by myself, my family members, dependents or guests, including any minors.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF SAN ANGELO

353 S. Randolph
San Angelo, TX 76903

Phone
(325) 655-9106

Website
www.ymcasanangelo.org

HOURS OF OPERATION

Monday - Thursday
5:00 am - 9:00 pm

Friday
5:00 am - 8:00 pm

Saturday
8:00 am - 5:00 pm

Sunday
1:00 pm - 5:00 pm

**All policies and procedures are subject to change without notice
Updated May 2024**

For a better us.®