



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

IT'S YOUR SEASON

**2022 FALL BROCHURE
ymcasanangelo.org**



OUR MISSION

The mission of the San Angelo YMCA is to serve the people in the San Angelo community of all faiths, with the emphasis on families and youth, to permit them to achieve their God-given potential in spirit, mind and body through its programs, staff, facilities, and the community.

STRENGTHENING COMMUNITY IS OUR PURPOSE

The Y is a leading nonprofit for youth development, healthy living and social responsibility. We are a powerful association of men, women and children of all ages and from all walks of life joined together by a shared passion: to strengthen the foundations of community.

FOR ALL: WE WELCOME ALL INCOMES, AGES AND ABILITIES

Everyone belongs at the Y, regardless of ability to pay. The YMCA turns no one away due to the inability to pay. Through funding from the **United Way of the Concho Valley**, private grants, individuals and corporate donations, the Y has the ability to break down financial barriers by providing financial assistance to individuals and families throughout the community. Even in the midst of a pandemic with closures and decreased enrollment the Y still awarded over 211,383.11 in scholarships for programs and membership in 2021. Financial assistance is available for most programs and services. Applications are available at the Welcome Center and online. Submit the application with proof of income for all wage earners in the household and expect a response within 7 - 10 business days.

For more information contact our Membership Director, Larissa Rivera at 325.655.9106 or lriviera@ymcasanangelo.org.

CHILD ABUSE PREVENTION

Child Abuse Prevention (CAP) is a top priority at YMCA's across the State of Texas. Physical, emotional and sexual abuse is prevalent in society today. The San Angelo Y trains staff and volunteers to recognize, prevent and report any form of child abuse to authorities. All YMCA's in Texas are actively participating with a leading organization to enhance and provide children with a safe environment.

OPEN COURT ACTIVITIES AT THE Y!

Open court activities are free to Y-members. Guest passes are available for non-members.

PICKLEBALL: Monday - Friday from 9:00 am - 11:30 am. Men and women take-over the courts for open pickleball play.

ADULT BASKETBALL: Every weekday from 11:30 am - 1:00 pm the court is for the big kids. Members and non-members are encouraged to join for friendly pick-up games.

Oct 27
6:30pm - 8:30pm
YMCA Parking lot & S. Randolph (in front of the Y)

HALLOWEEN AT THE Y
TRICK - OR - TREAT ALLEY & HAUNTED HOUSE

SPONSORED BY V. RAMOS ROOFING, THIS EVENT IS FREE TO THE PUBLIC

Insurance Claims Welcome Free Quotes!

V. RAMOS ROOFING

Kixy 94.7

THE LAW OFFICES OF RICK DEHOYOS PLLC

DAV KEEPING OUR PROMISE TO AMERICA'S VETERANS

STOKES FARM

We are looking for volunteers, community partners, and donations

Interested in participating in the largest Halloween event of the year? Contact the Y at 325.655.9106 or sduffell@ymcasanangelo.org. The event is FREE and open to the public.

Volunteers and sponsorships opportunities are available. Volunteers are needed to operate booths, dress up in the haunted house, set-up and tear down, apply make-up and more.

MEMBERSHIP

Membership Fees

Type	Joining Fee	Monthly Fee	Annual Fee
Adult	\$50.00	\$48.00	\$518.00
Senior Adult (60+)	\$25.00	\$38.00	\$410.00
Family	\$75.00	\$70.00	\$756.00
Senior Couple (60+)	\$50.00	\$55.00	\$594.00
Single Parent Family	\$75.00	\$56.00	\$605.00
Full Time College Student	\$25.00	\$30.00	\$324.00
Youth 13+	N/A	\$20.00	\$240.00
Youth	N/A	N/A	\$95.00

Memberships are all inclusive, allowing access to wellness and cardio center, Stephen's Natatorium, gym usage, group ex classes and more.

Financial assistance is available for all membership types except Youth 13+, and Youth. For information on how to apply for assistance please see the Welcome Center or email lriviera@ymcasanangelo.org

CHEAPEST RATES IN TOWN!
No reoccurring maintenance fee!

EVERYONE IS WELCOME AT THE Y!

DAY PASSES:

College Students & Youth: \$5.00

Adults: \$7.00

Childwatch for non-members: \$2.00

Adults accompanied by a Y member: \$5.00

JOINING FEES: New members are required to pay a one-time joining fee as long as the membership remains active and continuous. Any membership with a lapse or termination of 30 days or more will be assessed another joining fee at the time of reactivation.

ACTIVE MILITARY, VETERANS, AND FIRST RESPONDERS NEVER PAY A JOINING FEE (proof is required)

CHILDWATCH: Childwatch is a service offered to family and a single parent family memberships. To utilize childwatch services the child must be a member or purchase a childwatch day pass.

INSURANCE: The Y does not carry insurance on members, guests, or program participants in or outside of the facility. We do accept some insurances for membership purposes.

INSURANCE BASED MEMBERSHIP: The Y partners with Silver-sneakers, Prime, Renew Active, and Peer-fit. Contact your insurance provider to see if you qualify.

Spouse and/or dependents can be added to memberships. A fee will be applicable for additional members.

PAYMENT OPTIONS:

The Y accepts

Automatic Draft: Monthly fees are drafted automatically from a checking or savings account. Available draft dates are the 1st or 15th of each month.

Debit/Credit Draft: Monthly fees are drafted automatically from a debit or credit card. Available draft dates are the 1st or 15th of each month.

Annual Payment: A year membership paid in full in one payment using check, cash, debit, or credit card. The annual payment options includes a discount of 10%. No refunds available for annual membership types.

MEMBERSHIP CHANGES: All membership changes require a 30 day notice. Changes can be made at the Welcome Center. Members may add adult, living in the home, to any FAMILY type membership for an additional \$25 per month. (Proof of residency required)

TERMINATION: Requests to terminate must be done in writing. All requests to terminate require a 30 day notice. Termination requests may be done at the Welcome Center, via fax or email.



CORPORATE MEMBERSHIP: The YMCA of San Angelo is proud to provide local employers with a new approach to employee health. Research has shown an effective wellness program can have significant impact on a variety of health risk factors including cholesterol, blood pressure, cardiovascular disease and obesity.

For more information reach out to the Membership Director, Larissa Rivera at lriviera@ymcasanangelo.org.

Y NATIONWIDE MEMBERSHIP: Nationwide membership enables you to visit any participating YMCA in the United States through membership at your "home" YMCA. We offer this because we want to help you reach your health and wellness goals where ever you live, work, or travel.

As part of Nationwide Membership the YMCA conducts regular sex offender screenings on all members, participants and guests. If the a sex offender match occurs, the YMCA reserves the right to cancel membership, end program participation , and remove visitation access.

PARTY AT THE Y

We are proud to have the ability to offer our facility to the community for the use of birthday parties, baby showers, meetings, school functions and more.

For more information regarding dates available, contact the Welcome Center.

EXCLUSIVE Y - Member Rates

Pool & Party Room: \$110.00

1hr in the pool, 1hr in the party room

Private Party: \$310.00 for 2hrs.

Non Member Rates

Pool & Party Room: \$130.00

1hr in the pool, 1hr in the party room

Private Party: \$325.00 for 2hrs.

Extended times and balloon arches are available.



Get Inspired. Get Together. Get Results.
Group Exercise Classes are included with every membership!

At the YMCA of San Angelo, we offer group exercise classes for all levels and all interests. From low-impact exercises to high intensity interval training. You'll be able to find a group fitness class that is fun and supportive.

- Cycling
- Lunch Crunch
- Silver Sneakers
- Build N' Burn
- Tabata
- Aqua Tabata
- HIIT
- All level Yoga
- Strong Nation
- Toning
- H2O Aerobics
- Aqua Zumba
- Zumba

Y WE Walk Club

The walking club is designed for the community to come together to achieve healthy living. The designated time is when most will meet but is not a requirement. The Welcome Center will have a logbook for participants to sign in and track their miles.

YMCA AFTERSCHOOL PROGRAM: (Headstart and grades K - 5th)

The Y Afterschool Program provides a safe, structured environment for children when school lets out. Our trained staff assists with homework, leads engaging activities, provides a healthy snack and creates an overall fun environment. Programs sites are located at all SAISD elementary schools and all Headstart locations.

REGISTRATION FEE: \$20.00 <small>All fees are per-child</small>			
	Weekly Member Rate	Weekly Non-Member Rate	Daily Drop-In Rate
School Aged	\$55.50	\$68.50	\$18.00
Headstart	\$65.50	\$75.50	\$18.00



Please note that some schools may have caps.

DAY CAMP: (Headstart and grades Pre-K - 5th)

During school holidays, on days that the Y is open, full day camps are offered from 7:00 am - 6:00 pm. Registration and fees are separate from the Afterschool Program and available on a first come, first serve basis. All day camps have limited availability. Families who would like their child/ren to attend must register per day camp.

Daily Fee:

\$22.00 Y-Members / \$27.00 Non-Members

Day Camp Dates	Registration Open
October 7	September 9
October 10	September 9
November 21 - 23	October 24
December 9	November 11
December 19 - 22	November 21
December 26 - 29	November 21

KIDS NIGHT OUT

Kids' Night Out is an opportunity for parents to spend quality time together while children enjoy an assortment of fun events at the YMCA. Supervised by our very own Afterschool staff, your child will enjoy swimming, movies and activities. Dinner will be served.

Let the YMCA engage with your children so you can have a parent's night out!

Kids Night Out Fees

\$20.00 Y-Members
\$25.00 Non-Members

When and Where?

6:00 pm - 10:00 pm
San Angelo YMCA
353 S. Randolph St.
3 - 12 years old and potty trained

Dates & Theme:

August 26 2022 - Start School with a Splash
September 23, 2022 - Glow in the Dark Party
October 14, 2022 - Halloween Carnival
November 11, 2022 - Thanksgiving Feast
December 2, 2022 - Christmas Party

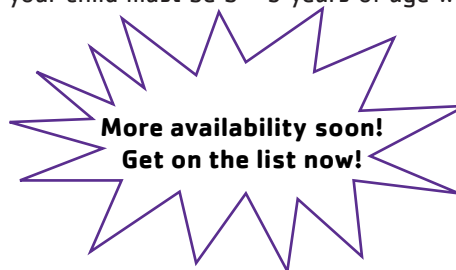
Registration closes the Thursday before event day.

LITTLE EXPLORER'S PRESCHOOL: (program is full, a wait list is available)

By participating in the Little Explorers Preschool Program your child will have the opportunity to prepare for kindergarten while taking advantage of all that the YMCA has to offer. Children will participate in engaging educational activities, swim days, field trip, and more. Low ratio classrooms will allow children to build educational skills as well as foster social and emotional growth. In order to participate in our program your child must be 3 - 5 years of age with a current shot record and health assessment.

Registration fee: \$50.00 T-Shirt Fee: \$8.00	
Weekly Member Rate	Weekly Non-Member Rate
\$120.00	\$135.00

*Prices are subject to change



National HEPA Standards

One area of SOCIAL RESPONSIBILITY assumed by the YMCA childcare department is the use of National HEPA standards (Healthy Eating and Physical Activity) in order to reverse the obesity epidemic, prevention diabetes and lower the risk of heart disease.

YOUTH DEVELOPMENT

Concho Valley Tennis Academy

Monthly Sessions

Join us and CVTA as we host monthly session of instructional activity. In these sessions, participants will focus on the introduction of fundamental skills including rules, terminology, and technique. Through the progression of skills, participants will learn and perfect the skills essential for success in tennis.

Registration: August 15, 2022

Sessions: September, October and November

Quick-start: (7 - 10-year-old)

Program Fees: \$40.00 for Y - Members | \$55.00 for Non-Members

Intermediate: (11 - 16-year-old)

Program Fees: \$50.00 for Y - Members | \$65.00 for Non-Members

Youth Basketball League (Grades K - 8)

This league is designed to give youth of all abilities opportunity to play in an positive environment while focusing on progression of skills and competition.

Registration: October 1 - November 23, 2022

Late Registration: November 24 - November 30, 2022

Program Fees: \$60.00 for Y-Members | \$75.00 for Non-Members

Recreational: (Grades K - 8th)

Teams are formed by gender, grade, school and area in which the player resides. Player's are guaranteed to play at least 50% of each game. Jersey's are provided.

Club: (Grades 4th - 8th)

Teams are formed by the coach. The Y does not create rosters in this division. Coach will make team decisions regarding playing time, game strategy and more.

Youth Basketball Clinic: (Ages K - 8)

This preseason basketball clinic will give your child the preparation needed for regular season. Participants will under go skill instruction, drills, and games. Clinic is instructed by former collegiate coach and players.

Registration: October 1, 2022 - November 28, 2022

Clinic: November 28, 2022 - December 1, 2022

Time: 5:30 pm - 7:30 pm

Program Fees: \$50.00 for Y-Members | \$65.00 for Non-Members

Little Dribbler's Basketball League (Ages 3 -4)

This 6 week program is for young athletes with an interest in basketball. Program will meet on Tuesday and focus on the fundamentals of basketball with age modification to the game.

Registration: October 1 - January 10, 2023 or until full

Season: Every Tuesday starting January 10, 2023

Session I - 5:15 pm - 6:00 pm

Session II - 6:15 pm - 7:00 pm

Program Fees: \$50.00 for Y-Members | \$65.00 for Non-Members

AQUATICS

Youth Swimming Lessons: (3 years - 12 years)

Our aquatics department has swim lessons for all skills levels and ages. Instruction starts at 3 years with the Swim Basics program and progresses to the Swim Strokes program. Instruction progresses from creating comfort in the water, to specific instructions involved with the development of strokes.

Monthly sessions available Tuesday and Thursday 4:00 pm - 6:00 pm.

Student to instructor ratio of 5:1

Each lesson is 30 minutes

Session cost: \$40.00 for Y-Members | \$55.00 for Non-Members

Sea Dragon's Swim: (6 years - 18 years)

Students 6 - 18 yrs. will learn the importance of water safety skills and build stroke technique, developing skills that prevent chronic disease, increase social-emotional and cognitive well-being, and foster a lifetime of physical activity. Internal swim meets will be held to show participants progression and help to create friendly competition.

Sessions are offered monthly and take place Monday - Thursday, 1:00 pm - 2:30 pm & 5:15 pm - 6:15 pm.

Session cost: \$40.00 for Y-Members | \$55.00 for Non-Members

Private Swim Lessons: (all ages)

Private lessons are available for the participants who need more attention or thrive from one-on-one instruction or for the adult eager to learn to swim. For more information contact the Aquatics department at arosales@ymcasanangelo.org.

Price: Varies by instructor

CAREERS THAT STRENGTHEN COMMUNITIES

Programs within the YMCA of San Angelo

- Welcome Center
- Afterschool/Summer Camp
- Pre-School
- Maintenance
- Wellness Center
- Child watch
- Aquatics
- Group Fitness
- Youth Sports

Employee Benefits

- Free YMCA Membership
- Discounted program fees
- Retirement Plan
- Advancement Opportunities
- Tuition Reimbursement

The YMCA of San Angelo accepts applications year round. For current career opportunities check our website at www.ymcasanangelo.org. To obtain an application, visit the Welcome Center located at the YMCA of San Angelo.

For more information contact our Human Resource Department at plongoria@ymcasanangelo.org.

The YMCA San Angelo YMCA provides equal employment opportunities (EEO) to all employees and applicants for employment without regard to race, color, religion, sex, national origin, age, disability or genetics. In addition to federal law requirements, The San Angelo YMCA complies with applicable state and local laws governing nondiscrimination in employment in every location in which the company has facilities. This policy applies to all terms and conditions of employment, including recruiting, hiring, placement, promotion, termination, layoff, recall, transfer, leaves of absence, compensation and training.

DISCOVER YOUR PASSION

Explore Volunteerism at the Y

Y volunteers give people of all ages—from all walks of life—the resources and support they need to be healthy, confident, connected and secure. Our volunteers are critical to implementing everything that happens at the Y and in our community.

Contact the Welcome Center at 325.655.9106 or email aholguin@ymcasanangelo.org to inquire about volunteer openings.



the Y[®]
FOR YOUTH DEVELOPMENT[®]
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**SAN ANGELO YMCA
HOLIDAY LUNCHEON**

November 16, 2022

11:30 am - 1:00 pm

YMCA Community Room

Thanksgiving style food will be served
We encourage individuals to bring a dessert or favorite dish.
Members, volunteers, and community partners are encouraged to come.



YMCA OF SAN ANGELO
353 S. Randolph St.
San Angelo, TX 76903



CHILDREN'S FAIR

APRIL 23, 2023

The Children's Fair acts as a fundraiser for the YMCA while giving other child based organizations the opportunity to earn funds for their project.

HAVE YOU PARTICIPATED BEFORE AND WANT TO PARTICIPATE AGAIN?

That is wonderful news. Give us a call at 325.655.9106 to reserve your organization's booth.

Reservation must be made by late February to guarantee your spot/booth.

NEW ORGANIZATION/CAUSE?

Registration for new booth's open late February/early March.

SPONSORSHIP OPPORTUNITIES AVAILABLE!

For more information contact Stacy Duffell at 325.655.9106 or sduffell@ymcasanangelo.org

HOURS OF OPERATIONS

Monday - Thursday	5:00 am - 9:00 pm
Friday	5:00 am - 8:00 pm
Saturday	8:00 am - 5:00 pm
Sunday	1:00 pm - 5:00 pm

CHILDWATCH HOUR OF OPERATIONS

Monday - Friday	8:00 am - 1:00 pm 5:00 pm - 8:00 pm
Saturday	9:00 am - 1:00 pm
Sunday	CLOSED

HOLIDAY HOUR OF OPERATIONS

September 5, 2022	CLOSED
October 27, 2022	CLOSE AT 6:00 pm
November 23, 2022	CLOSE AT 6:00 pm
November 24, 2022	CLOSED
November 25, 2022	8:00 am - 8:00 pm
December 24, 2022	8:00 am - 1:00 pm
December 25, 2022	CLOSED
January 1, 2023	CLOSED
During these holiday hours childwatch may differ.	

STAY CONNECTED!

Receive Y information and updates via text by signing up for REMIND. Text @saymca5 to 81010
To join our email list please see the Welcome Center.

Contact Information

Phone: 325.655.9106

Email: information@ymcasanangelo.org

Fax: 325.659.1952

Web: www.ymcasanangelo.org

Like Us on Facebook, Follow us on Instagram and Twitter!