



CHÀO MỪNG GUENS SA BISUI YUBTU 환영 XIMOCEHUITZINO 歡迎 SIYAKWAMUKELA خوش آمدید BENVENUTO स्वागत है HAYKUYKUY HAY ようこそ AFIO MAI FÁILTE WELINA BEM-VINDOS WAMKELEKILE KAAの文 HPのATE मुल्लाउ च MAUYA 河南かつ取 DALAL AK DIAM സ്വാഗതം SVEIKI ATVYK長 நல்வரவு BIENVENIDOS BIENVENUE ស្អមស្វាគមន៍ SELAMAT DATANG AKWAABA BOYEI BOLAMU OKAN YUL ZOO SIAB TXAIS TOS KARIBU ប្រឹង្គតីតាំខង្គនំប آمدید SOO DHAWOW Բարիգարուստ E KOMO MAI MABUHAY स्वागतम्

# MELCOME

**2023 WINTER | SPRING BROCHURE** 

CHÀO MỬNG GUENS SA BISUI YUBTU 환영 XIMOCEHUITZINO 歡迎 SIYAKWAMUKELA خوش آمدید BENVENUTO स्वागत है HAYKUYKUY 나고 הבאים HOŞ GELDİNİZ KÁÀBÒ WITAMY ようごそ AFIO MAI FÁILTE WELINA BEM-VINDOS WAMKELEKILE KAAQ∑ HPΘATE मुल्लाउ चै MAUYA স্বাগতম DALAL AK DIAM സ്വാഗതം SVEIKI ATVYKE நல்வரவு BIENVENIDOS BIENVENUE សូមស្វាគមន៍ SELAMAT DATANG AKWAABA BOYEI BOLAMU OKAN YUL ZOO SIAB TXAIS TOS KARIBU ប្រិអតីត័១អទ័ប Soo DHAWOW Բարիգալուտ E KOMO MAI MABUHAY स्वागतम् CHÀO MỬNG GUENS SA BISUI YUBTU 환영 XIMOCEHUITZINO 歡迎

YMCA OF SAN ANGELO

WWW.YMCASANANGELO.ORG



### OUR MISSION

The mission of the San Angelo YMCA is to serve the people in the San Angelo community of all faiths, with the emphasis on families and youth, to permit them to achieve their God-given potential in spirit, mind and body through its programs, staff, facilities, and the community.

### STRENGTHENING COMMUNITY IS OUR PURPOSE

The Y is a leading nonprofit for youth development, healthy living and social responsibility. We are a powerful association of men, women and children of all ages and from all walks of life joined together by a shared passion: **TO STRENGTHEN THE FOUNDATIONS OF COMMUNITY.** 

### FOR ALL: WE WELCOME ALL INCOMES, AGES AND ABILITIES

Everyone belongs at the Y, regardless of ability to pay. The YMCA turns no one away due to the inability to pay. Through funding from the **United Way of the Concho Valley**, private grants, individuals and corporate donations, the Y has the ability to break down financial barriers by providing financial assistance to individuals and families throughout the community. Even in the midst of a pandemic with closures and decreased enrollment the Y still awarded over \$211,383.11 in scholarships for programs and membership in 2021. Financial assistance is available for most programs and services. Applications are available at the Welcome Center and online. Submit the application with proof of income for all wage earners in the household and expect a response within 7 – 10 business days.

For more information contact our Membership Director, Larissa Rivera at 325.655.9106 or Irivera@ymcasanangelo.org.

### **CHILD ABUSE PREVENTION**

Child Abuse Prevention (CAP) is a top priority at YMCA's across the State of Texas. Physical, emotional and sexual abuse is prevalent in society today. The San Angelo Y trains staff and volunteers to recognize, prevent and report any form of child abuse to authorities. All YMCA's in Texas are actively participating with a leading organization to enhance and provide children with a safe environment.

### **OPEN COURT ACTIVITIES AT THE Y!**

Open court activities are free to Y-members. Guest passes are available for non-members.

**PICKLEBALL:** Monday - Friday from 9:00 am - 11:00 am. Men and women take-over the courts for open pickleball play.

ADULT BASKETBALL: Every weekday from 11:30 am - 1:00 pm the court is for the big kids.

Members and non-members are encouraged to join for friendly pick-up games.

### **Adult Sports**

### Adult Co-Ed Volleyball League

Playing volleyball helps build agility, coordination, speed, balance, and improves hand-eye coordination. Volleyball requires teammates to work cooperatively and at a fast pace, which can help improve interpersonal skills as well. Playing volleyball may also enhance your energy level and improve overall performance in other sports and workouts. Whether you are a seasoned athlete or just looking to explore a new hobby, YMCA Volleyball is a great way to stay active, have fun, and meet new people.

Registration starts: February 1, 2023

Price: \$200.00/team

League starts: March 19, 2023

Games are on Sunday

### **MEMBERSHIP**

### **Membership Fees**

Туре	Joining Fee	Monthly Fee	Annual Fee
Adult	\$50.00	\$48.00	\$518.00
Adult Couple	\$75.00	\$66.00	\$712.00
Young Adult (19 - 25)	\$25.00	\$30.00	\$324.00
Family	\$75.00	\$70.00	\$756.00
Single Parent Family	\$75.00	\$56.00	\$605.00
Senior Adult (60+)	\$25.00	\$38.00	\$410.00
Senior Couple (60+)	\$50.00	\$55.00	\$594.00
Youth 13+	N/A	\$20.00	\$240.00
Youth	N/A	N/A	\$95.00

Memberships are all inclusive, allowing access to wellness and cardio center, Stephen's Natatorium, gym usage, group fitness classes and more.

Financial assistance is available for all membership types except Youth 13+, and Youth. For information on how to apply for assistance please see the Welcome Center or email lrivera@ymcasanangelo.org

### **EVERYONE IS WELCOME AT THE Y!**

MOST AFFORDABLE FAMILY RATES IN TOWN!

No reoccurring maintenance fee!

**DAY PASSES:** 

College Students & Youth: \$5.00

Adults: \$7.00

Childwatch for non-members: \$2.00 Adults accompanied by a Y member: \$5.00

**JOINING FEES:** New members are required to pay a one-time joining fee as long as the membership remains active and continuous. Any membership with a lapse or termination of 30 days or more will be assessed another joining fee at the time of reactivation. **ACTIVE MILITARY, VETERANS, AND FIRST RESPONDERS NEVER PAY A JOINING FEE** (proof is required)

**CHILDWATCH:** Childwatch is a service offered to family and a single parent family memberships. To utilize childwatch services the child must be a member or purchase a childwatch day pass.

**INSURANCE:** The Y does not carry insurance on members, guests, or program participants in or outside of the facility. We do accept some insurances for membership purposes.

**INSURANCE BASED MEMBERSHIP:** The Y partners with Silversneakers©, Prime, Renew Active, and Peerfit. Contact your insurance provider to see if you qualify.

Spouse and/or dependents can be added to memberships. A fee will be applicable for additional members.

### **PAYMENT OPTIONS:** The Y accepts

**Automatic Draft:** Monthly fees are drafted automatically from a checking or savings account. Available draft dates are the 1st or 15th of each month.

**Debit/Credit Draft:** Monthly fees are drafted automatically from a debit or credit card. Available draft dates are the 1st or 15th of each month.

**Annual Payment:** A year membership paid in full in one payment using check, cash, debit, or credit card. The annual payment options includes a discount of 10%. No refunds available for annual membership types.

**MEMBERSHIP CHANGES:** All membership changes require a 30 day notice. Changes can be made at the Welcome Center. Members may add an adult, living in the home, to any FAMILY type membership for an additional \$25 per month. (Proof of residency required)

**TERMINATION:** Requests to terminate must be done in writing. All requests to terminate require a 30 day notice. Termination requests may be done at the Welcome Center, via fax or email.

**CORPORATE MEMBERSHIP:** The YMCA of San Angelo is proud to provide local employers with a new approach to employee health. Research has shown an effective wellness program can have significant impact on a variety of health risk factors including cholesterol, blood pressure, cardiovascular disease and obesity.

For more information reach out to the Membership Director, Larissa Rivera at Irivera@ymcasanangelo.org.

Y NATIONWIDE MEMBERSHIP: Nationwide membership enables you to visit any participating YMCA in the United States through membership at your "home" YMCA. We offer this because we want to help you reach your health and wellness goals where ever you live, work, or travel.

As part of Nationwide Membership the YMCA conducts regular sex offender screenings on all members, participants and guests. If the a sex offender match occurs, the YMCA reserves the right to cancel membership, end program participation, and remove visitation access.

### **PARTY AT THE Y**

We are proud to have the ability to offer our facility to the community for the use of birthday parties, baby showers, meetings, school functions and more.

For more information regarding dates available contact the Welcome Center.

EXCLUSIVE Y - Member Rates
Pool & Party Room: \$110.00
1hr in the pool, 1hr in the party room
Private Party: \$310.00 for 2hrs.

Non Member Rates Pool & Party Room: \$130.00 1hr in the pool, 1hr in the party room Private Party: \$325.00 for 2hrs.

\*Extended times and balloon arches are available.





## Get Inspired. Get Together. Get Results. Group Exercise Classes are included with every membership!

At the YMCA of San Angelo we offer group exercise classes for all levels and all interests. From low-impact exercises to high intensity interval training, you'll be able to find a group fitness class that are fun and supportive.

- Cycling
- Lunch Crunch
- Silver Sneakers
- Build N' Burn
- Tabata
- HIIT

- All level Yoga
- Strong Nation
- Toning
- H20 Aerobics
- Zumba

### **Evening Zumba is BACK!**

Thursday at 6:45 pm - 7:45 pm

**Evening H20 Aerobics** 

Tuesday at 6:15 pm - 7:15 pm

### **CHILDCARE**

### **SUMMER DAY CAMP:**

The Y's Summer Day camp is held Monday - Friday and provides kids 3 years to 12 years of age supervised activities that foster youth development. The Y's Summer Day Camp focuses on honesty, caring, respect, and responsibility in all of its fun-filled activities. We allow for physical involvement, social interaction, educational opportunities, leadership building, personal growth and creativity in everything we do. Participants will experience field trips to the movies and more!



### REGISTRATION OPENS AT 8AM ON MONDAY, APRIL 3, 2023 UNTIL SPOTS ARE FILLED

(Must be present to register)

Summer Day Camp hours of operation are from  $7{:}00$  am to  $6{:}00$  pm.

Locations: TBD

Starting May 31, 2023 - August 2, 2023

•	\$20 registration fee, \$25 t-shirt fee, and \$15 deposit
	per week is required at registration

- · Registration for partial weeks is not allowed
- Full payment is required regardless of the number of days attended in that week.
- A 2 week notice is required for cancellation of weeks
- Scholarships are available (please allow 7 10 business day to be processed)

### SUMMER DAY CAMP PRICING (REGISTRATION FEE PER CHILD \$20.00 | T-SHIRT FEE PER CHILD \$25.00

(REGISTRATION FEET	REGISTRATION FEE PER CHILD \$20.00  1-SHIRT FEE PER CHILD \$25.00)		
YMCA Members	\$108.00 PER WEEK		
Non-Members	\$121.00 PER WEEK		

### YMCA AFTERSCHOOL PROGRAM: (Headstart and grades K - 5th)

The Y Afterschool Program provides a safe, structured environment for children when school lets out. During the program, participants will have homework time, engaging activities, and a healthy snack in a fun environment. Program sites are located at most SAISD elementary schools and all Headstarts locations.

Please note that some schools may have caps.

	Weekly Member Rate	Weekly Non-Member Rate	Daily Drop-In Rate
School Aged	\$55.50	\$68.50	\$18.00
Headstart	\$65.50	\$75.50	\$18.00



### **DAY CAMP:** (Headstart and grades Pre-K - 5th)

During school holidays, on days that the Y is open, full day camps are offered from 7:00 am - 6:00 pm. Registration and fees are separate from the Afterschool Program and available on a first come, first serve basis. Families on CCS through the Texas Workforce Commission MUST register for these separately.

### Daily Fee:

\$20.00 Y-Members | \$25.00 Non-Members

Camp Date	Registration Open	
January 16	December 16	
February 20	January 20	
March 3	February 3	
March 13- 16	February 10	
May 5	April 5	

### **KIDS NIGHT OUT**

Kids' Night Out is an opportunity for parents to spend quality time together while children enjoy an assortment of fun events at the YMCA. Supervised by our very own Afterschool staff, your child will enjoy swimming, movies and activities. Dinner will be served.

Let the YMCA engage with your children so you can have a parent's night out!

Kids Night Out Fees

\$20.00 Y-Members \$25.00 Non-Members

Scholarship available.

When and Where?

San Angelo YMCA 353 S. Randolph St.

6:00 pm - 10:00 pm

### Dates.

January 27, 2023 - Welcoming the new year. February 10, 2023 - Valentines Party April 14, 2023 - Easter Party

Registration closes the Thursday before event day.



3 - 12 years old and potty trained

United Way Concho Valley

### **CHILDCARE**

### LITTLE EXPLORER'S PRESCHOOL: (program is full, a wait list is available)

By participating in the Little Explorers Preschool Program your child will have the opportunity to prepare for kindergarten while taking advantage of all that the YMCA has to offer. Children will participate in engaging educational activities, swim days, field trip, and more. Low ratio classrooms will allow children to build educational skills as well as foster social and emotional growth. In order to participate in our program your child must be 3 - 5 years of age with a current shot record, potty trained, and health assessment.





### National HEPA Standards

One area of SOCIAL RESPONSIBILITY assumed by the YMCA childcare department is the use of National HEPA standards (Healthy Eating and Physical Activity) in order to reverse the obesity epidemic, prevention diabetes and lower the risk of heart disease.

### OUTH DEVELOPMENT

### Little Bumpers Volleyball League: (1st & 2nd grade)

This 6 week program is for young athletes with an interest in volleyball. Program will meet weekly on Tuesday and focus on the fundamentals of volleyball with age appropriate modification to the game.

Registration: January 15 - March 21, 2023 Season: March 21 - April 25, 2023 Session I - 5:15 pm - 6:00 pm Session II - 6:15 pm - 7:00 pm

Fee: \$50.00 for Y-Members | \$65.00 for Non-Members

### Youth Volleyball League: (grades 3rd - 8th)

This league is designed to give youth of all abilities the opportunity to play in an environment that is positive while focusing on progression of skills and competition. Games will be played once per week, Monday, Tuesday, or Thursday evenings. Recreational and club leagues are available.

Registration: January 15 - February 23, 2023

Late Registration: February 24 - March 2, 2023 (\$15 late fee applies)

Season: March 27 - May 20, 2023

Fee: \$60.00 for Y-Members / \$75.00 for Non-Members

### Recreational: (grades 3rd - 8th)

Teams are formed by gender, grade, school and area in which the player resides. Player's are guaranteed to play at least 50% of each game.



### Club: (grades 5th - 8th)

Teams are formed by the coach. The Y does not accept player's without a team and does not create rosters in this division. Coaches will make team decisions regarding playing time, game strategy and more.

### Youth Volleyball Clinic: (grades 3rd - 8th)

The preseason volleyball clinic will give your child the preparation needed for the regular season. Participants will undergo skill instruction, drills and games. Clinic is instructed by former players and coaches.

Registration: January 15 - February 27, 2023

Clinic: February 27 - March 2, 2023

Time: 5:30 pm - 7:30 pm

\$50.00 for Y-Members | \$65.00 for Non-Members



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<sup>\*</sup>Prices are subject to change

### YOUTH DEVELOPMENT

### YMCA Concho Valley Tennis Academy: (ages 7+)

These classes focus on introducing and improving the fundamental skills including rules, terminology and technique. Through the progression of skills, participants will learn and practice the skills essential for success in tennis.

These sessions are held monthly. \*Starting February 2023

Quickstart: (ages 7 - 10 years) Monday | 6:00 pm - 7:00 pm

\$40.00 for Y-Members per month | \$55 for Non-Members per month

SIGN UP IS DONE MONTHLY

Intermediate: (ages 11 - 18 years)
Tuesday & Thursday / 6:00 pm - 7:00 pm

\$60.00 for Y-Members per month | \$75 for Non-Members per month

### **Junior Team Tennis**

Jr. Team Tennis is a league for youth 6 - 18 years of age. Teams will have weekly matches against other teams in the Concho Valley. Novice, intermediate and advanced divisions are available in 8U, 10U, 12U, 14U, and 18U.

Basic knowledge regarding rules and score keeping is required. No Individual instruction is provided. Matches are played on Sunday afternoons between 1:00 pm - 6:00 pm

Registration: January 15 - March 22, 2023 | Fee: \$30.00 (Payment is made through USTA) Session starts March 26 - May 7, 2023

### AJ Moore Kids Triathlon - May 6, 2023

For over 15 years the Y has provided the youth of San Angelo with an event that promotes healthy living, giving children the opportunity to find passion in non-traditional physical activity. This race consists of a biking, running and swimming and can be completed as part of a team or individually. **Distances are adjusted based on age for each left of the race.** 

Divisions available for children 5 - 18 years of age

Registration opens March 15, 2023

Pre - Registration available until May 2, 2023: Fee: \$10.00

Day of event: \$15.00 (if applicable)

### 7 on 7 Football \*\*Touch Football\*\* - Summer of 2023

Registration: March 15 - May 5, 2023 League starts: June 12 - July 20, 2023 \$60 for Y Members | \$75 for Non-Members

### Y World of Sports - Summer of 2023

Looking for a quality summer activity to keep your child engaged while learning?

The Y has developed a **5 week sport specific training.** This camp will focus on specific sport skill training and development while incorporating nutritional education, character development and teamfirst aspect.

Sports may include volleyball, basketball, soccer, and/or touch football

Registration: March 15 - until full Session Dates: June 12 - July 20, 2023 \$60 for Y Members | \$75 for Non-Members

### Elite Camp - Summer of 2023

With our monthly Elite programs, we will look to help each athlete grow in their physical and mental abilities involved in sports and working as a team. Our instructors push your athlete to reach their potential and become more confident in their physical and mental abilities.

Let's get to work!

Registration: March 15th - June 15th, 2023

Session I: June 5 - June 30, 2023 Session II: July 5 - July 28, 2023

\$60 for Y Members | \$75 for Non-Members

### YOUTH DEVELOPMENT

### Weekly Tennis Clinic - Summer of 2023

In collaboration with Concho Valley Tennis, the Y aims to teach the lifelong sport of tennis to the San Angelo community. Learn the proper techniques essential for growth in tennis.

Registration: March 15th - First day of weekly camp

Start day of each camp: June 5, June 12, June 19, July 10, July 17, July 24

\$40 for Y Members | \$55 for Non-Members

### **AQUATICS**

### Youth Swimming Lessons: (3 years - 12 years)

Our aquatics department has swim lessons for all skills levels and ages. Instruction starts at 3 years with the Swim Basics program and progresses to the Swim Strokes program. Instruction progresses from creating comfort in the water, to specific instructions involved with the development of strokes.

Monthly sessions available Tuesday and Thursday 4:00 pm - 6:00 pm.

Student to instructor ratio of 5:1

Each lesson is 30 minutes

Session cost: \$40.00 for Y-Members | \$55.00 for Non-Members

### **Swim Starters:** (6 months - 2 years | Parent & Child lessons)

Swim Starters focuses on developing swim readiness skills through fun and confidence-building experiences. Parents will also learn essential skills in Swim Starters. Parents learn how to supervise children in the water, how to prevent accidents, and how to plan for emergencies.

Monthly sessions available Monday, Wednesday, and Friday 4:00 pm - 5:30 pm.

Each lesson is 30 minutes

Session cost: \$40.00 for Y-Members | \$55.00 for Non-Members

### Sea Dragon's Swim: (6 years - 18 years)

Students 6 - 18 years will learn the importance of water safety skills and build stroke technique, developing skills that prevent chronic disease, increase social-emotional and cognitive well-being, and foster a lifetime of physical activity. Internal swim meets will be held to show participants progression and help to create friendly competition.

Sessions are offered monthly and take place Monday, Wednesday and Friday, 1:00 pm - 2:00 pm & 5:15 pm - 6:15 pm. Session cost: \$40.00 for Y-Members | \$55.00 for Non-Members

### Private Swim Lessons: (all ages)

Private lessons are available for the participants who need more attention or thrive from one-on-one instruction or for the adult eager to learn to swim. For more information contact the Aquatics department at arosales@ymcasanangelo.org.

Price: Varies by instructor

### **LEARN TO SWIM WEEK**

### March 13 - 16, 2023

### DID YOU KNOW MOST DROWNINGS HAPPEN IN SHALLOW WATER? THIS IS THE MAIN LEADING CAUSE OF DEATH FOR CHILDREN AGES 4 – 12!

The YMCA of San Angelo is offering low-cost water and safety classes during Spring Break. The program is for children ages 4 - 12 with little or no swimming experience.

### **REGISTRATION OPENS FEBRUARY 8, 2023**

Fee: \$5.00

Ages: 4 - 12 years



# **SWIM LESSONS LEVEL INDICATOR**

When deciding on a level for your child, please select the level based on your child skills and swimming ability. Ages are listed as a guide.

**TYPICALLY KIDS FROM 3 YEARS - 5 YEARS** 

# Level

- ramp, steps, or side Enter water using a
- ladder, steps, or side Exit water using the
- Blow bubbles for 3 seconds
- Open eyes underwater and retrieve
- recover to a vertical submerged objects. Front glide and position
- Back glide and recover to a vertical position
  - Back float for 5

seconds

- Roll from front to back and back to
- Treading water arm and hand actions
- simultaneous leg and Alternating and
- Combined arm and leg simultaneous leg and arm actions on back actions on front Alternating and

- . Step or jump from the side into shoulder-
- ladder, steps or side Exit water using
  - Fully submerge and hold breath
- Bobbing, 10 times
- water and retrieve Open eyes under
  - submerged objects Rotary breathing

Survival float for 30

Rotary breathing

to safety

Front, jellyfish and tuck floats for 10

Back float for 1

seconds

- recover to a vertical Front glide and position
- Back glide and recover to a vertical position

Back float for 15

- Roll from front to seconds
  - Tread water for 15 back and back to front
- ravel while swimming Change direction of on front or back seconds

breaststroke, and

Combined arm and leg

Combined arm and leg

actions on back

Flutter, scissors,

# Level 3

**TYPICALLY KIDS FROM 6 YEARS - 9 YEARS** 

Level 4

compact and stride Headfirst entry in

Jump into deep water

from the side,

Feetfirst surface dive positions

submerge, return to

the surface then to

- Swim underwater
- Tread water, using 2 different kicks

the side in seated and

Headfirst entry from

Bobbing while moving

kneeling positions

Tread water, using

minutes

legs only, for 2

Sculling for 30

minutes

Survival swimming for 1 minute

# **SWIMMING:**

- Front crawl for 25 yards
- backstroke for 25 Elementary
- Breaststroke for 15
- Back crawl for 15

**Breaststroke for 25** 

Back crawl for 25

to horizontal position

on front and back

Push off in

Change from vertical

Tread water for 1

- Butterfly for 15 yards Sidestroke for 15
- Open turns on the

streamlined position

on front, then begin

Butterfly for 25 yards

Sidestroke for 25

Flutter and dolphin

Swim front crawl for

kicking

Swim elementary

15 yards

Backstroke flip turn

Front flip turn

on back, then begin Push off in

# Level 6

**Level 5** 

**TYPICALLY KIDS FROM 10 YEARS - 12 YEARS** 

. Surface dive and

Shallow-angle dive

into deep water

# the bottom, 7-10 feet retrieve object from deep

Tuck surface dive

# **SWIMMING:**

Tread water for 5

. Pike surface dive

- Front crawl for 100 yards
- backstroke for 100 Elementary yards
- Breaststroke for 50 yards
- Back crawl for 50 yards

Front crawl for 50

**SWIMMING:** 

seconds

Butterfly for 50 yards Sidestroke for 50

backstroke for 50

Elementary

yards

- turns and front and Demonstrate open

### CAREERS THAT STRENGTHEN COMMUNITIES

### Programs within the YMCA of San Angelo

- Welcome Center
- Afterschool/Summer Camp
- Pre-School
- Maintenance
- Wellness Center

- Child watch
- Aquatics
- Group Fitness
- Youth Sports

### **Employee Benefits**

- Free YMCA Membership
- Discounted program fees
- Retirement Plan
- Advancement Opportunities
- Tuition Reimbursement

The YMCA of San Angelo accepts applications year round. For current career opportunities check our website at www.ymcasanangelo. org. To obtain an application, visit the Welcome Center located at the YMCA of San Angelo.

For more information contact our Human Resource Department at plongoria@ymcasanangelo.org.

The YMCA San Angelo YMCA provides equal employment opportunities (EEO) to all employees and applicants for employment without regard to race, color, religion, sex, national origin, age, disability or genetics. In addition to federal law requirements, The San Angelo YMCA complies with applicable state and local laws governing nondiscrimination in employment in every location in which the company has facilities. This policy applies to all terms and conditions of employment, including recruiting, hiring, placement, promotion, termination, layoff, recall, transfer, leaves of absence, compensation and training.

### **DISCOVER YOUR PASSION**

### Explore Volunteerism at the Y

Y volunteers give people of all ages—from all walks of life—the resources and support they need to be healthy, confident, connected and secure. Our volunteers are critical to implementing everything that happens at the Y and in our community.

Contact the Welcome Center at 325.655.9106 to acquire volunteer openings.

### 32ND ANNUAL CHILDREN'S FAIR

### **APRIL 23, 2023**

The Children's Fair acts as a fundraiser for the YMCA while giving other child based organizations the opportunity to earn funds for their project.

### HAVE YOU PARTICIPATED BEFORE AND WANT TO PARTICIPATE AGAIN?

That is wonderful news. Give us a call at 325.655.9106 to reserve your organization's booth. Reservation must be made by late February to guarantee your spot/booth.

### **NEW ORGANIZATION/CAUSE?**

Registration for new booth's open late February/early March.

For more information contact Stacy Duffell at 325.655.9106 or email sduffell@ymcasanangelo.org

### SPONSORSHIP OPPORTUNITIES AVAILABLE!

Tier Levels:

Main Sponsor (\$5,000) - available
Dining Tent (\$2,000) - available
Information Booth Sponsor (\$1,500) - available
Food Row Sponsor (\$1,500) - available
Ticket Booth (\$1,000) - available





# US... IS EMPOWERING

San Angelo YMCA
Annual Support Campaign
Starts March 2023

In 2021, the YMCA awarded \$118,675.00 assistance for membership, while our programs provided \$92,708.00 in financial assistance to families who otherwise would have faced economic barriers to participate in our after-school program, summer day camp or preschool program and sports. Through programming, over 500 youth received the support, guidance and resources they needed to become and stay healthy in 2021.

The San Angelo Y is now...as it has always been...a place of possibility and promise for all. Unfortunately, in times when the true power of "**us**" is unknown to many and our bonds are fraying, we must do even more to enhance our human connections.

That's why the Y passionately focuses on strengthening communities.

Every day, the Y supports kids, adults, seniors and families with programs that protect, teach, connect, heal nourish and encourage. Everything we do helps empower communities and the "us" who live in them to thrive.

BUT WE CAN'T DO IT ALONE.

If you are interested in donating to the San Angelo YMCA, please see the Welcome Center!



**United Way Concho Valley** 

### SAVE THE DATE! San Angelo Gives is May 2, 2023

Choosing the San Angelo YMCA during the 24-hr donation event and donations have a chance to be amplified by the San Angelo Area Foundation and its supporters.





### **HOURS OF OPERATIONS**

 Monday - Thursday
 5:00 am - 9:00 pm

 Friday
 5:00 am - 8:00 pm

 Saturday
 8:00 am - 5:00 pm

 Sunday
 1:00 pm - 5:00 pm

### **CHILDWATCH HOUR OF OPERATIONS**

Monday - Friday 8:00 am - 1:00 pm

5:00 pm - 8:00 pm 9:00 am - 1:00 pm

Saturday 9:00 am - 1:00 Sunday CLOSED

### **HOLIDAY HOURS OF OPERATIONS**

January 1, 2023 CLOSED
April 9, 2023 CLOSED
May 29, 2023 CLOSED

During these holiday hours childwatch may differ.



### **STAY CONNECTED!**

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