



San Angelo YMCA

Gym Schedule - Main GYM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 AM - 11:30 AM Pickleball MAIN GYM	8:00 AM - 11:30 AM Pickleball MAIN GYM	8:30 AM - 11:30 AM Pickleball MAIN GYM	8:00 AM - 11:30 AM Pickleball MAIN GYM	8:30 AM - 11:30 AM Pickleball MAIN GYM	8:00 AM - 5:00 PM Volleyball Practice COURT 2
11:30 PM - 1:00 PM Noon Ball MAIN GYM	11:30 PM - 1:00 PM Noon Ball MAIN GYM	11:30 PM - 1:00 PM Noon Ball MAIN GYM	11:30 PM - 1:00 PM Noon Ball MAIN GYM	11:30 PM - 1:00 PM Noon Ball MAIN GYM	
5:00 PM - 9:00 PM Volleyball Games ALL GYMS	5:00 PM - 9:00 PM Volleyball Games ALL GYMS	5:00 PM - 9:00 PM Volleyball Practice COURT 2	5:00 PM - 9:00 PM Volleyball Games ALL GYMS	5:00 PM - 8:00 PM Volleyball Practice COURT 2	1:00 PM - 5:00 PM Volleyball Practice COURT 2

***Additional games will occur on the October 16 and the 23.**

YMCA OF SAN ANGELO HOURS OF OPERATION

Monday - Thursday
5:00 AM - 9:00 PM
Friday
5:00 AM - 8:00 PM
Saturday
8:00 AM - 5:00 PM
Sunday
1:00 PM - 5:00 PM

Gym Facility POLICIES

- Open Gym available during non-program times
- Members and Non-Members are able to use the facility during Open Gym Times.
- Non-Member Daily Pass available at \$5(students) and \$8(adults).
- T-shirts, shorts, sweatpants, socks, and closed-toe athletic shoes must be worn at all times.
- Gym Rules are posted in the respected area and must be followed.

Programs are subject to change with little to no notice due to weather or other issues. Stay up to date with schedule changes and more by signing up for information by text. Text @saymca4 to 81010.



San Angelo YMCA

Gym Schedule - Gym 3

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM - 10:00 AM Zumba GYM 3	9:00 AM - 10:00 AM Toning GYM 3	9:00 AM - 10:00 AM Strong Nation GYM 3	9:00 AM - 10:00 AM Toning GYM 3	8:30 AM - 9:30 AM Zumba GYM 3	8:00 AM - 5:00 PM Volleyball Practice GYM 3
1:00 PM - 2:30 PM 18+ Program GYM 3	1:00 PM - 2:30 PM 18+ Program GYM 3	1:00 PM - 2:30 PM 18+ Program GYM 3	1:00 PM - 2:30 PM 18+ Program GYM 3		
4:00 PM - 7:00 PM Little Dribblers 7:00 PM - 9:00 PM Volleyball Practice GYM 3	4:00 PM - 9:00 PM Volleyball Practice GYM 3	4:00 PM - 9:00 PM Volleyball Practice GYM 3	4:00 PM - 9:00 PM Volleyball Practice GYM 3	4:00 PM - 8:00 PM Volleyball Practice GYM 3	1:00 PM - 5:00 PM Volleyball Practice GYM 3

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