

YMCA Women's Volleyball League

San Angelo YMCA Rules and Regulations

353 S Randolph, San Angelo, TX 76903 (PH) 325-655-9106
League Director: Stacy Duffell, sduffell@ymcasanangelo.org

I. Facilities and Locations:

- a. San Angelo YMCA: 353 S Randolph, San Angelo, TX 76903.
- b. Some matches may occur after posted hours, so all other parts of the facility will be off limits. We will have a supervisor on site to monitor and help with any issues.

II. League Format

- a. All teams that have registered for the league will be done so prior to the start of games.
- b. Teams will compete in regular season matches in pool format based on the number of teams registered for the league season and divided up by registered classification.
- c. End of Season Tournament will be based on team classification with consideration to the number of teams that are registered for the season.
- d. The league champion shall be the team that wins the tournament(s) at the end of the season. Teams will be seeded in the tournament based on the following:
 - a. Head to Head
 - b. Record amongst tied teams (if more than 2 teams tied)
- e. The league champion will receive a certificate to help cover cost of the entry into the next available season.

III. Teams

- a. Team rosters are due via email or hard copy prior to your team's first game. Teams are encouraged to carry extra players to avoid playing short.
 - i. Rosters must include all players, including subs.
 - ii. Playing without a roster or with an un-rostered player may result in a forfeit.
 - iii. All players must be 15 years of age or older, unless special permission is obtained from the league director. Players under 18 must have a signed release from a parent/guardian.
- b. All matches are played 6 on 6.
- c. If a team does not have the required minimum number of players, see rule XIII regarding forfeits.
- d. Before the start of the match, players must sign in individually on the team's sign in sheet.
- e. Players must participate in at least 3 matches to be able to play in the post-season tournament.

- i. They can only compete for the team that they played with during the regular season.
- f. A team found guilty of playing an illegal player is subject to forfeiting games that the illegal player participated in for the season.
- g. Players can be added to the roster during the regular season but must play the minimum number of matches for eligibility in the post-season tournament.
- h. Players can play on multiple teams, but not within the same division.

IV. Match Breakdown

- a. Matches are scheduled as a best of 3 format. The first team to win 2 games will be declared the overall winner.
- b. Teams will be allowed a 5-minute warm up prior to their match.
- c. Teams are allowed a 5-minute grace period prior to their first set ONLY if they do not have 5 legal players present (example: for a 6pm match a team receives a 5 minute warm up period and a 5 minute grace period – they will forfeit the first set; if they cannot put a team on the court 5 mins later, the team will forfeit the match) (Rule XIII)
- d. If a team has 5 players present at the start of match time-they must begin play; (1 woman must be present)- See Rule III and XIII
- e. Teams are encouraged to wear similar color shirts, but it is not required. Teams that are playing with a libero, the libero must be pointed out to the official to ensure proper rotation.
- f. Each team will have two 30-sec. timeouts per game.

V. Scoring

- a. Matches will consist of three games. The first two games will be played to 25 with a cap at 30 and a team must win by two. If a third game is needed; it will be played to 15 with a cap at 25 and win by two.
- b. Teams will have 1 minute between games and will switch sides of the court from the first to the second game.
- c. If a third game is needed, captains will meet with the official to decide first server and side of the court.
- d. Official will be the final call on any point of disputes and if necessary, they can call a replay for the previous point.
 - i. Teams will be asked to make honest calls about in or out balls that the official is unable to see.

VI. Serving

- a. Captains will meet with the official to decide who has serve in the opening game. Teams will alternate for the second game.
- b. Only one toss or release of the ball which can be considered part of the service action will be allowed.
- c. A served ball contacting the net between the antennas shall remain in play.
- d. If a team is playing with less than a full squad on the court (5 players on the court), then it will be an automatic sideout when that designated spot comes up to serve. A point will be awarded to the other team each time this occurs in the rotation.

VII. Net Contact

- a. Contacting ANY part of the net will result in a fault - no contact with the net will be allowed.

VIII. Position of Players

- a. When the ball is served, each player will be in his/her own assigned area. After the ball is served, each player may cover any section of team's court. All players must stand inside the court boundaries except the player who is in the act of serving.
- b. There are unlimited substitutions - they must be made in a logical pattern. All substitutes must be put in the rotation.
 - a. Partner substituting is legal
 - b. Team may continuously sub in a designated spot
- c. A player may not enter another court (defined as the area within the end lines and side lines) to play a ball.
- d. For positioning players on teams with less than 6 players, players must maintain a hole where the missing player is supposed to be. Hole can be covered, but official must be able to see the designated spot.

IX. Ground Rules

- a. The official shall go over the ground rules prior to each match.
- b. Backboards attached to ceiling are considered part of ceiling and are playable on your side of the court as long as they are not hanging over non-playable areas (such as bleachers or another court). Backboards attached to walls (or other obstacles below 14 feet above the floor) are a judgment call: if a ball hitting the backboard (or rim or supports) would otherwise be out-of-play the ball is out of play.
- c. The league will be conducted by NCAA Rules unless otherwise stated in this rule book.

X. Balls: Game balls will be provided, however, teams are encouraged to bring their own warm up balls.

XI. Conduct

- a. Any participant who is involved in fighting or provoking fighting shall be eliminated from the league.
- b. Only the floor captain (player actually in rotation so designated) may discuss calls with the official. Judgment calls are not subject to discussion. Captains may question officials (respectfully) if they have concerns about a rule interpretation. The official's decision is final. Unsportsmanlike conduct will not be tolerated.
- c. Any team which consistently exhibits poor sportsmanship may be eliminated from the league with forfeiture of all fees.

XII. Forfeits

- a. If a team is not ready to play (with a minimum of five legal players on the court) following their 5 minute grace period and warm up period (a total of 10 minutes from the scheduled start time), they will forfeit the first game.

- b. If a team is not ready to play after an additional 5 minutes (a total of 15 minutes after the scheduled game time), they will forfeit the match.
- c. If your team is unable to attend a match, please call the opposing manager AND league director to notify them of the forfeit. PLEASE DO NOT NO CALL NO SHOW.

XIII. Gym Rules

- a. Children are not allowed unless supervised at all times by an adult who is not participating in the match. Refs will give teams 1 warning on this matter, then the parent will be asked to leave the match.
- b. Teams playing in the first or last matches of the night are encouraged to assist the gym staff with take down/put up of the nets and other equipment.
- c. Gym supervisor might also call on the need for help in keeping score for a match. Please be ready to provide assistance when needed.

XIV. Rule Set

- a. All rules not specifically discussed above shall follow San Angelo YMCA and NCAA Rules. Rule books are available upon request.

SCHEDULE AND STANDINGS: All standings and schedules will be posted on the San Angelo YMCA website.

NOTE: Game cancelation decisions are independent of school closures and other activities. Please do not assume that games are cancelled because schools are closed.